

#### 23 DECEMBER 2021





@thesevenleaf www.7LTV.africa +2767 136 6865info@7LTV.co.za

# **Balanced**, **Perhaps!**

**BY: Ganjahman Samora** longtime now it is since the search for the embodiment of this moment began and now we behold as the people of cannabis a new emergence for the plant on the planet Earth. All mannerism with cannabis in whatever form and displaced terminology remains a relational

front with a plant whose phenotypes are isolated for the quick advantageous enriching aspects it poses. Marijuana has manipulated economies of this existence under the wraps of its immaculate ability of the incognito aspect in which it manages to blend silently and majorly in a production line and still be overlooked in the bacterial populous that makes we the beings that we are.

For to thrive and to dive deep into the bellies of being does one reveal what the ultimate desire is for the depths of the hearts, look not on the attires and the clad in suits and hippie pants, instead sneak deep into the roots on which the plant stands and down there lives the beasts that breathe as micro beings ensuring that the manifestation on the surface is highly informed by the microbial in the depths. That is the role that ganja plays in all its forms and fictitious names it still manages to turn the mandate of the planes against all measures manipulated in false unity against the plant that meanders past boulders to reach the gates of the ensouled.

Intsangu has emerged on every street corner consistently over generations with changing faces and altering forces, the mythical plant still knows which ends of the matrix to house for ethernal communication and its coupling with economic prowess destabilizes the false powers repositioning the productivity back into the peasant fingers. The irony about the propaganda purging the perpetrators of policing the Dagga plant is that the ones who are anti are

gateway to the metaphysical foiling the mission of the plant to clear barrels and silver canisters coupled with some sanctified sucrose. Now in the loop of the number eight transitioning in the procession of ages there emerges new waves under the Sensimilla sky, the acknowledgement of Deltas that alter the field of play for the Cannabis plant. Ganja is so studied in both modern and ancient times and the unveiling of the old as the new to the separately conscious is bound to blow the possibilities in application, perception and practice as demonstrated in the Delta-8 and Delta-9 THC attributes possible reach. In an anticannabis state there remained the licensed in operation who have sectionalized access to the plant in legalities identical to age access control in an effort to remain in protocol to the procedures of secrecy in practice. With the unveiling of the sleeping giant the doors are widening to allow entry in a bid to balance the wild waters; as the sailors on this ship we are misplacing the thrust in that we fail to foresee the tides and the turns in a lost attempt to tame the trivial

the gate keepers of the

waters of iMbanje. Imagine the liberty of the tomato or the freedom of the felines, no one fares the feast in the backyard and yet a productive backyard always poses as a production line visible to the retailers. Hear us in that we speak not to stirring the waters but to an acknowledgement that water is before and water is after and so is cannabis, dust plays the role of facilitating tangibility, in cannabis our cause must be to embody this birth of an era with an inclusive mandate that brings liberty to the plant and to the people of the plant. Intsangu is a personal plant, it is relational as it digs to the mother mitochondrion that houses the endocannabinoid engine in the constrained depths of the human cells, forget the red and white colours, the cannabis plant colours all human characters in a shade unique only to them, this is one plant that doesn't generalise its application and yet hear we are generalising its access, its facets and its application.



## **SCAN to Join Our Growing Communities**









We supply everything from hydroponic systems and nutrients to growing mediums in order to grow your own garden paradise

ydroponic.co.za

The Autopot automated watering system is a gravity-fed design that's easy to install and maintain.

The only self-watering system that doesn't rely on an electric pump, the great advantage of this system is that it can be expanded on a pot-by-pot basis.



BIOBIZZ



Grow your own the easy way Autopot: Saves water & does not require electricity to function.

Brackenfell Reserve 1, Unit 1 Capricorn Way, Cape Town, 7560

Claremont 125 Belvedere Rd. Cape Town, 7708

Online shop courier delivery nation wide 021 671 9447 info@hydroponic.co.za

www.hydroponic.co.za







**Ostonejoe\_tips ad.c** deliciouscreations **Øsaskcannafarmer Ostephen.smithza** @Ourglassy **Ogardengromie Ogrowlabscience** 

# **CANNABIS MASTER PLAN LEFT IN ASHES**

As Ras Gareth Prince and Dr. Lennox Mtshagi set it "ablaze"

#### Samora M.

s the Cannabis Development Council of South Africa (CDCSA) Chairperson Ras Gareth Prince emerged on the Power FM podium alongside the President of the Black Farmers Association of South Africa (BFASA) Dr. Lennox Mtshagi yesterday the setting was bound to be a firework display. Phakamile Hlubi Majola was in the ring to control the fire as Ras Gareth ignited the session with the trademark One Love salute. Ras Gareth Prince sets alight the conversation as he put forward his stand in response to Phakamile following after the status quo of development with regard to the Cannabis Master Plan. Foundationally grounding the conversation Ras Gareth Prince takes the listeners

to almost base zero, a suggestion that unless the roots are addressed there will be a looped response to the rot in the bud. "The discussion around cannabis did not begin in 98, the usage of cannabis ha s been part of the South Afric an story for as long as we know ourselve s, the usage and the commerc e of dagga has been part of our lives. For

Rupert were the first Afrikaner family to a Billion rand from industries that replaced cannabis in tobacco and alcohol, multi billion rand industries where created by criminilising dagga, we need to remove that as part of restoring the dignity and the story of African Culture", states the firebrand Gareth Prince in a gush of unaudited flames of truth belting the air airwaves. With the gush the Rastaman steps off the podium as the flaming stage is left for Dr. Lennox who rallies alongside his counterpart with a nod of acknowledgment and one eye on SAHPRA. The President of BFASA is not second guessing his stand as he name drops sighting procedural irregularities and calling for the dissolving of the SAHPRA stating that "SAHPRA doesn't apply

Broad Based Black Economic Empowerment (BBBEE) initiative to roll out procedures and attempted to interdict a march by BFASA. The cannabis was taken away from us and given to the white monopoly, SAHPRA needs to be disbanded".

> The swords between BFASA and SAHPRA have been drawn seemingly clearer than the proposed Cannabis Master Plan that is facing rejection across foundational cannabis communities and the previously marginalized and oppressed masses of the cannabis peo ple in

> > South

Afri ca. Co mme nting on the same proposed working document Dr. Lennox Mtshagi states that "this masterplan that the government is introducing is not for our people, how do they expect someone who was previously disadvantaged to put up a structure for five million without a license, give our people free licenses to put up the structure knowing that they have the licenses and all licenses issued under 1965 apartheid act should be revoked with immediate effect?". There was no room for coolies as the CDC Chairperson Ras Gareth

Prince turned on the heat grounding

to ashes the last bit of what would be the remains of the proposed cannabis master plan put forward for acceptance stating that "the master plan is not ours it eems to be our masters plan or us, they cannot make plans for us without us, they must involve the people of South Africa this is not a new economy, this is not a new culture the Apartheid government stopped that culture". The stand of Ras Gareth Prince remains that of looking within for the solution in that age old challenges must be addressed by uprooting the moments on which they became obstacle. **Cannabis** matters must first be determined by the indigenous people in the frame founded in their culture. a stand

that has been the trademark sentiment echoed by Ras Gareth in that "we must not allow the west to detect and dominate discussions and the conversations around dagga, it is an indigenous product that must be used by indigenous people in order to advance indigenous values rights and beliefs" The far reaching cannabis advocate made his first stand

> against cannab regulat ion in 1998 shovel ed out more oals how be it 0 warm he istene s with he

cold truth that...

**Continued on Page 5** 

t



the last 100 year we have had criminal laws against usage and the commerce of cannabis in this country. The control of cannabis has always been a part of the

colonial slave masters plan to control and regulate the indigenous cultures and the indigenous people of South Africa. Criminilisation and Stigmatisation of Dagga needs to be dismantled just like apartheid; the 

Image: Provide and the image: Provide

4

### CBD: THE MIRACLE OF EARTH'S HEALING

# Newcastle, the Home of TruLeaf

CBD – an impactful p sitive influence n the human b dy t use its wn cannabin ids m re effectively



Sid Ameen Precommends Tru Leaf Healing. 6h · O Helped my brother with the severity of his seizures. Quality product that

works

#### WHAT IS CBD

Cannabidiol (CBD) is a type of Cannabinoid, which is a chemical found naturally in Cannabis (both Marijuana & Hemp). Your endocannabinoid system (ECS) produces some cannabinoids of its own, which are called endocannabinoids, which helps regulate functions like sleep, immune-system responses & pain.

#### CBD HEALING FOR INDIVIDUALS AFFECTED BY COVID

When someone has contracted the coronavirus, their body responds by a process known as a cytokine storm that causes the body to go into a 'fight mode'. This causes breathing related difficulties & over saturation of cytokines secreted within the body from the cells that respond to the virus. Cytokines allow for the body's defense, known as the immune system, to retaliate.

- Studies conducted at the University of Chicago suggests daily use of CBD reduces cytokines & inflammation pathways which lead to lung fibrosis. It also boosts interferons in the body to help stop virus replication, proving that taking CBD daily helps reduce the disease burden upon the body.
- CBD has been known to help with severe muscle aches & pains, headaches & sore throat thus **alleviating the symptoms** experienced with the coronavirus.
- By increasing serotonin & reducing cortisol in the body, CBD helps with pain relief & reducing anxiety which is often experienced by those infected by the coronavirus.

FOR MORE INFORMATION CONTACT: Fathima Mia: 082 940 2918 Call or WhatsApp. Mariam Mia: 079 099 6209 WhatsApp only.

Follow us on Instagram: @TRULEAFHEALING Tru Leaf The Miracley of Earth's Healing

The human body has an endocannabinoid system (ECS) that receives and translates signals from cannabinoids. CBD does not produce a "high" & does not impair a person's functioning.

CBD has an influence on the body to use its own endocannabinoids more effectively, which is amazing!



Featuring a range developed by Medical Doctor Jamaloodeen & Medical Doctor Hurley, endorsed by Pharmacist Mariam Mia.

CANNAB

JUNCTION





Canna Collecta Proprietor

# NFT ART SPELLS CANNABIS PROHIBITION TALES



for the cannabis community

## THE MADNESS COLLECTION Prohibition Period – 1930 to 1960

# www.cannacollecta.com

Some of the undeniable imprints of cannabis in the lives of cannabis people are the creative aspects that the plant unleashes when coupled with willing initiates. The plant is after all the master creator on so many levels as decoding the creative seed code in cannabis seems to birth miniature creative masters. Canna Collecta a proprietion located in South Africa is fruiting on the roots of creativity with an artistic rolling out of the first series of collectable and exclusive, limited edition, curated Cannabis digital art produced as Non-Fungible Tokens (NFT).

"The Cannabis plant is a community founding plant that brings people from all fronts and forms together disregarding the differences, it's a plant that in my mind unites us cannabis community has a long history we had to go back where the trouble started in the 1930s" remarked Cliff as he relayed the journey on the pathway to curating the Canna Collecta digital art. The current art range themed "The Madness Collection" with nine animations is still in development stages as potential more art pieces the mandate of the magical offerings animated by Anastasia; Cliff states that "I wanted to visually tell the story of prohibition, I called it the Madness Era because they tried to make a plant dangerous and illegal and lock it up in jail, Reefer Madness was one of the most well-known ways of displaying cannabis in a

crazy cast". From the crazy cast to a blast from the past in the new era of freedom for the Cannabis plant Canna Collecta is displaying the analogue scars that have marred the journey for the plant in a digital frame in the 21<sup>st</sup> century, madly so.

For art and collection enthusiasts Canna Collecta promises a future of airdrops almost once every three months combining the animated and the static offering of the digital art for the cannabis community. "NFTs are about cool collectable images and that is really what we plan to create", the plans of Canna Collecta seem to feed beyond the feast gatherings with a to a community mindset as is indicated on the following remark "A portion of sales from various Green For All (fieldsofgreenforall.org.za), a South African activist and lobbying organization that seeks to make Cannabis available to all, in all its Project in the USA (lastprisonerproject.org) who seek to liberate those still incarcerated for the dealing, in support of their unconditional work in the Cannabis community". The collection, minted and promoted by Fixed Earth (fixedearth.art) is profiled on www.cannacollecta.com and made Binance NFT marketplace.



## MASTERPLAN LEFT IN ASHES

#### continued from page 3

"Dagga must be given an equal opportunity to assist in the economic revival of South Africa and the empowerment of our people, it is hypocritical and unjust to allow the police to arrest our people and put us in jail for engaging in cannabis culture and commerce, the police and the government can no longer allow the arrest of cannabis commerce, other countries are putting their people to work but it would seem like the South African government still wants to put their people in jail where as cannabis represents the best opportunity to put our people to work". The numbers on cannabis front are displayed in broad daylight as most republics and states that have formalized the cannabis economy have seen a significant increase in revenue generation together with job creation numbers. The government has been working on formalizing the cannabis industry but seems to be found in a

scatterbrain scenario with remarks of a disjointed approach signaled in two cannabis proposed documents that are far reaching as above from below yet speaking to the same plant.

Phakamile queries the Rastaman Gareth on the hesitancy displayed by the authorities in rolling out the cannabis economy a position which Gareth Prince attributes to a "sad old case of African leaders without the interest of African or indigenous people at heart but are slavishly following the dictates of our previously colonial slave masters, the constitutional court afforded our government an opportunity to develop a piece of legislation that could have been a trendsetter for the whole world and we still can develop a blue print for cannabis that can be an example for the rest the world because the South African cannabis industry is unique in the world". Could the unique context of our potential cannabis framework be the reason behind the huddle that is seeing us turning another page to 2022, will this coming year finally free the plant with a framework that facilitates its flourishing across different communities that have over the decades stood as cannabis people? Or will cannabis be found in Supermarket boxes shelved away with disclaimer tags after the order of regulated consumables with the commoners scrounging for scraps, that certainly seems to be the sentiment seen in the ashes of the proposed cannabis master plan.

23 DECEMBER 2021





Humbleness from the Roots



### DEFOLIATING CANNABIS PLANTS PART 1/3 Sponsored by Southern Magnetism

hile it's simple enough, there's definitely some risk involved with defoliation. Specifically, it's all too easy to overdefoliate a plant, stunt its growth, and remove nodes that could've developed some great bud.

Many growers question defoliation. After all, why would a plant waste energy on growing unnecessary foliage? Well, in nature, cannabis plants use their leaves to store nutrients for stressful times like droughts, nutrient shortages, and pest infestations.

When you're growing indoors, however, a lot of this excess foliage becomes unnecessary. After all, unlike out in the wild, indoor plants grow in carefully controlled environments with, ideally, perfect temperature and numidity levels and a low risk of pests. In this environment, the thick foliage becomes more of a burden. That's where defoliation comes in: by removing some of this excess foliage, not only do you free up some of your plant's energy (by reducing the amount of foliage it needs to keep alive), but you help your plant make better use of its limited light source. Finally, defoliation also improves airflow around your plants, which in turn helps reduce temperature/humidity issues and the risk of pests/mold. To better understand the benefits of defoliation, it helps to first understand that cannabis plants have an infinite amount of energy at their disposal to fuel growth. This is governed by several factors, mainly the amount of available soil, the nutrient content of

that soil, humidity and temperature levels, and the amount of light.

In an indoor grow room, you're at liberty to give your plants the right

nutrients just when they need them, and can control both temperature and humidity to a tee. However, the amount of light, soil, and space your plants have at their disposal indoors is far less than what they'd get in nature. By carefully removing foliage that won't support the development of buds, you'll be helping your plant make better use of the finite amount of energy it can produce with its limited resources.

Removing this foliage will also make it easier for air to circulate around your plants and the room. This in itself has a lot of benefits; not only will it help keep temperature and humidity consistent throughout your grow space, but it will reduce the risk of mold and pest infestations (which naturally flourish in warm, humid conditions). Picking the right cannabis plants for defoliation

#### their leaves for when they're exposed to stress. Because outdoor plants are exposed to more consistent environmental stress (like droughts, storms, harsh winds, or temperature/humidity fluctuations) as well as pests, we don't recommend defoliating them.

Plus, unlike indoor grow lights, the sun changes its position

throughout the day and is capable of penetrating even extremely bushy plants, meaning outdoor plants get much more (and far better) light exposure. Thus, they don't benefit from defoliation in the same way as indoor plants. How to defoliate cannabis plants

To be continued on next issue

# SENPAT GENETICS KUSHMAS FESTIVE COMBO

R699 FOR 2 PACKS + 3RD PACK FREE

Spoil yourself or a loved one this festive season with the trio of trichomes in their stocking.

TEMPEST | APOLLO | MONKEY TERRENE | PUNCH | MOON

VALID 07 - 25 DECEMBER 2021 - EXCLUDES DELIVERY FEES

# Things have changed from "Legalize!" to "CAPITALIZE!!"

#### Viv Brown

I fone follows the Fields of Green for All, the flagship cannabis NPO in South Africa, they might have read one of the <u>articles by Charl Henning</u>, an activist and I.T. guru on the <u>Green Network</u>. He calls the government and the media out for their transparent ignorance and double standards; it compares proportionately to the segregation of Apartheid. He observes a neighbourhood where the rich can promote *legal* 



West turning big numbers in legal economies. In this time of *legalization*, the government reviews the evidence with their eyes and ears closed, but speedily endorses licenses to growers with the highest bid. From the power seats of government down to local municipalities, the law is transparently choosing the paths of the people who held the plant at a distance with disgust the same way they stunted the growth of the African people in the past. Is this a new bully to fear; the rich cannabis growers who buy their licenses from minister endorsed authorities and not just the cops? Money or Freedom, what's your vote. Go to Fields of Green for All and join their campaign to #stopthecops and add your voice to the unfolding

legalisation discussion.

Removing healthy foliage stresses your plants. Hence, you should only defoliate plants that are 100% healthy; strong, upright stems, green leaves, fast growth, and a well-draining, fast-drying medium are all telltale signs that your plants are happy.

Don't defoliate any plants that look visibly frail or show symptoms of a nutrient deficiency, over or under-watering, nutrient or light burn, wind damage, or pests/disease. Defoliating these plants will only cause more stress than they can feasibly recover from.

We also only recommend defoliating indoor plants. As we mentioned earlier, cannabis plants actually store energy in is taking calls from citizens being arrested for possession or growing of cannabis.

cannabis clubs while in the same

breath the Stop the Cops window

As it stands now, there is no legal cannabis for sale in South Africa. Prohibition used to mean that I needed to fear the law keepers of the country if I was caught growing cannabis. Now I fear the licensed rich and the greed that is the secret ingredient for a different type of prohibition Currently the SAPS, who have vowed to protect citizens and who answer to a government that guards the long road to freedom, seem to have a selective approach on a law steeped in old South African oppression. A contrasting detour from claiming a green path well-traversed by

# Cheeba lands in Sandton

#### Internal Affairs

• heeba Cannabis College is landing in Johannesburg in style, the move that sees the pioneer cannabis college shift form the probable Gauteng cannabis hub in the Vaal to Sandton, Rivonia is ear marked as growth to the next level. The move also sees the introduction of an AGRISETA accredited National Certificate in partnership with Agricolleges South Africa. Trenton Birch the CEO and cofounder of Cheeba Cannabis College spoke to CannaXpress on developments at Cheeba stating that "we are moving to one of the epicenters of Johannesburg to be closer to the market and we have launched with the new campus a national certificate in plant production of cannabis and hemp, this is super exciting for Cheeba as this one year study program is AGRISETA accredited".

The relocation of Cheeba College bring s to life a new collaboration between the college and the Jazz farm social club, the colleagues of Cheeba will be attending one week class at a grow facility that the college has mounted at the Jazz farm. In the pattern and dynamism that embodies the reach the late co-founder of Fields of Green For All Jules Stobbs stood for Trenton Birch states that "the grow facility will be a merge of two grow models in one station the Jazz Farm Social Club model and at the campus we will be growing cannabis indoor using the Grow One Africa model", an embodiment of collaboration in display.

In the same wind of facilitation access through information sharing Trenton continues the narration to CannaXpress indicating that "we tried to do the business hub in the Vaal but that was too far from everybody, now we are looking at getting space where we can incubate cannabis businesses and in the same frame formulate an ecosphere". The doors of the new campus open in January of 2022 with a mission of nurturing what is envisioned as a possible cannabis powerhouse in the north of Johannesburg in South Africa.







# Labat Africa kisses FSE flatline



Drian Van Daava

infused "Ace and Axle" smokables and the establishment of a Hemp Processing facility together with the roll out of additional CannAfrica retail stores in South Africa.

The entry into the European listing has been faced with a seesaw ride for Labat with new highs in a record time and a reported 40% average low merged from the eight days Labat Africa shares lounged on the entry margins all before a 50% deep into a new low on the 20<sup>th</sup> of December as the chart kissed the flat line closing the 22nd of December with a five day decline setting at -3,23%.. The Chief Executive Officer of Labat Healthcare, Brian van Rooyen stated, "Our intention is to offer South African and international investors exposure to high growth investments in the cannabis value chain". Growth is about charting new territories and this listing for Labat Africa in the FSE is an exciting song for cannabis in Africa that promises to dance with the lips further away from the flat line.

TOUR MOZAMBIQUE MAPUTO BILENE XAI XAI

## CEO Labat Healthcare

#### Tulani Ngwenya

Labat Africa Limited listed its shares as a dual listing on the Frankfurt Stock Exchange (FSE) on the the 5<sup>th</sup> of this Month, the listing news was met with a spike in in the chart three days later witnessing a quadrupling of the entry numbers as the shares soared. The organisation with a three hundred million access purse declared in the cautionary funding agreement deliverables speaking to commercialisation of the company's various initiatives, including research projects to replace Opioids with Cannabis for pain management through its subsidiary Biodata. Coupled with the ramping up of the distribution of CBD

CHOICURE HEALING POWER OF NATURE





The CannaXpress family is extending its heartfelt love to you as the cannabis people and community in this season. We thank you for sharing the journey and the walk with our cannabis family.

May 2022 be a time of realisation of your hearts desires and centering yourself with cannabis in a new light in the dream that the government will finally center the ball with the people of cannabis.

We connected with some cannabis people asking them what Kushmas and the season we are in meant for them. The remarks reveal the diversity found not just in cannabis plants but amongst the people of cannabis who whilst so far apart resonated in a similar frequency. Rasta Rica stated that "Kushmas means nothing to me if my tree is

not ready; and my tree is not ready". We also know the Kushmas tree and Johan from Natures Cure in the South of Durban was on hand to reframe the minds with a scholarly explanation of Kushmas from the Urban Dictionary. The Kushmas period is rolled out to be "The Saturday before Christmas Known to be the "pot-smoker's Christmas", a day to go "Kushmas Caroling", and sing songs like "The 12 Days of Kushmas", "Frosty the Blunt man", "Grandma Got Ran Over by a Drug-Dealer", "Adolf The Red Eyed Stoner", or "Holy Joint". A day completely devoted to spending time getting high with friends, getting completely stoned and eating "Mass-Munchies"." We learn every day, but wait what does Kushmas mean to you Johan? "The above is the meaning for the educated people. For me it is time to appreciate the good in people and give to those that need it. Give

your time, as time is money. Give of yourself for that is what's needed most in this world right now. Weed makes giving easy and rewarding". Easy and clarified in the simplicity Johan walk in.

@Tiggyszols aka Tiggs rounded up the outreach with an editorial feature for the week stating that "The Kushmas season to me is about Kushmas Presence. I'm not referring to any material gifts, but rather the gift of being present and fully involved in the season and celebrations.

We all worked so hard this year, we sacrificed, we sweated, we bled and we rejoiced as a community in the push to get our cannabis scene to where it belongs internationally... And we succeeded! We moved mountains and made leaps this year as a collective. But now, we wind down. We give ourselves the mandatory 2 weeks minimum at the end of the year and we shift all our focus where it needs to be at this time and that is.... HERE. The present!

Rolling paper meets wrapping paper, Festive trees meet frostcapped greens... Whichever way you choose to celebrate your winddown, make sure you celebrate it with the people you hold dearest. At the end of the day, everything we do, we do for each other. Recognise that this is the Kushmas season and fill your hearts with love and compassion while you fill your lungs with that loud festive foliage you've worked all year to enjoy! And remember, BE KUSHMAS PRESENT!"

From Samora, the CannaXpress family, Tiggs and the crew keeping you clued on weed, its Hippie Holidays. See you in 2022 if its not at Weed and Water 420 Day.



......

. . .

9









A.

283



10

# EVERYDAY CANNABIS PEOPLE

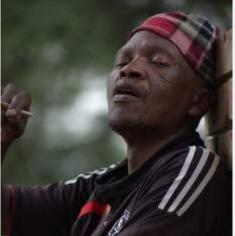
featuring Linda Frans Mashego

n this edition CannaXpress Issue four and that of Everyday Cannabis People we sat-down with the charismatically cautious Linda Mashego a 46 year's old Mpumalanga resident who started smoking cannabis in 1998. CannaXpress ask him on his journey with cannabis to which he indicates that he consumes cannabis through smoking the flower stating that; "I find that cannabis has helped me with a lot of things. When I am facing a difficult task I prefer to smoke cannabis before I undertake my responsibilities as it gives me added clarity to undertake the tasks with a better understanding, ii am a tiler, builder and plumber but I cannot undertake these tasks in the same

beauty as when I am smoked up. In acknowledging the healing aspect of the cannabis plant Linda states that "when i am sick I just smoke straight cannabis and in two days is a longtime before i come to life again. When the CannaXpress team ask Linda about the growing of cannabis in private for his personal use an entity to which he pledges oblivion marveling at the presence of a legal framework that is allowing him to grow his cannabis legally. He however expands on the medical side of cannabis stating that "this cannabis must be grown and the government must assist us with cannabis grow access because

cannabis is a healer of the body. One may plant their cannabis plants and they will receive assistance with healing and yet at another time the same plant also plays the role of an aphrodisiac eliminating the need to buy street side concoctions. Linda speaks of his friend and workmate stating that "with reference to the people I know who use cannabis I can safely say that cannabis has assisted all of us in a different way my friend Masango is 64years old and he says he started smoking when he was eighteen. He is still healthy and strong even today, this cannabis is medication" states Linda as he concludes the

discussion on cannabis with chuckle and a recital of what seems to be a premeditated resolve in stating that "I don't think I'll leave cannabis because it heals me on so many fronts".



RETAIL



NATURE'S CURE		PRICELISI		
	3	37 Main Road. Doonside		
CBD+ C	DIL (	CBD+ C	CAPSULES	
80mg	R80 each	2mg	R100 each	
200mg	R120 each	6mg	R150 each	
400mg	R200 each	12mg	R225 each	
PET OIL 80mg	R200 each	25mg	R350 each	

#### **CBD+ CREAM**

R50 each	
R50 each	

CONTACT US ON info@stonersdelight.co.za





23 DECEMBER 2021

cannabis expressions accross daily lives...

7LTV.Africa

## KULCHA 4 THE CULTUR The Kulcha crew hosted the mic with dope rhythms and vocals.

second of six planned Kulcha Market in Pretoria, Uno spoke to CannaXpress stating that "the Kulcha market is a celebration of all things that are so culture that are not main stream" The gatherings is a call to celebrate things such as books swapping, vinyl exchange and sales of classic creations from art to regalia.

The market that was graceful attended oozed melodies from a saxophone to the street of Pretoria as performance artists from across Gauteng lined up to blast the mic with dope rhythms and vocals. The 2nd offering of the Kulcha market rounded the activities for the year with Uno stating that the next offering will be in February. The Kulcha Market series positions at highlighting the 6th market with a podcast skills exchange workshop. To the Kulcha for not just canceling but gathering the culture we at CannaXpress salute you cannabis people.

# WEED AND WATER

HC &H<sup>2</sup>O are coupled on so many front in the physical realm we tend to overlook the paramount role rallied by the Hydrogen atoms in facilitating the breakdown and the broadcast of the cannabis effects in the body. We hope that you the reader will not overlook this invite and join us the 420 pool party as we Fizzle the CannaXpress out of the water into a conjunction with 7LEAF. 7LEAF and CannaXpress are hosting a 420day in the sun from 11am on the 27th of December and are inviting you to come and dab, dive and dig into the food and fun with a frenzy feast of sensimilla and beats churning all day. The Jays Park facility and venue for the event promises some play in the water, lush grass and kiss from the Sun please rain. In another big ask Walter emerges with a hotbox scene from to burn bud for the beings in "closed doors" as the day circles round to a screen showing some unseen behind the seen footage

from the Strain Hunters with the showing of some exclusive cannabis content from the Pondoland. Simon Strainhunter will be within reach to respond to questions on the big blue dot. The sun promises a beautiful blaze with the music vibrations shifting the gaze to the Ganjafarmer KB on the 1s and 2s. Stalls are available for R300 and R500 with a straight R100 facilitating access to the green grass and tall trees shading some 420 treats. Come and mingle with the cannabis people as we down the  $H^2O$  and up the THC.



