

X Canna **X**press

cannabis expressions accross daily lives...

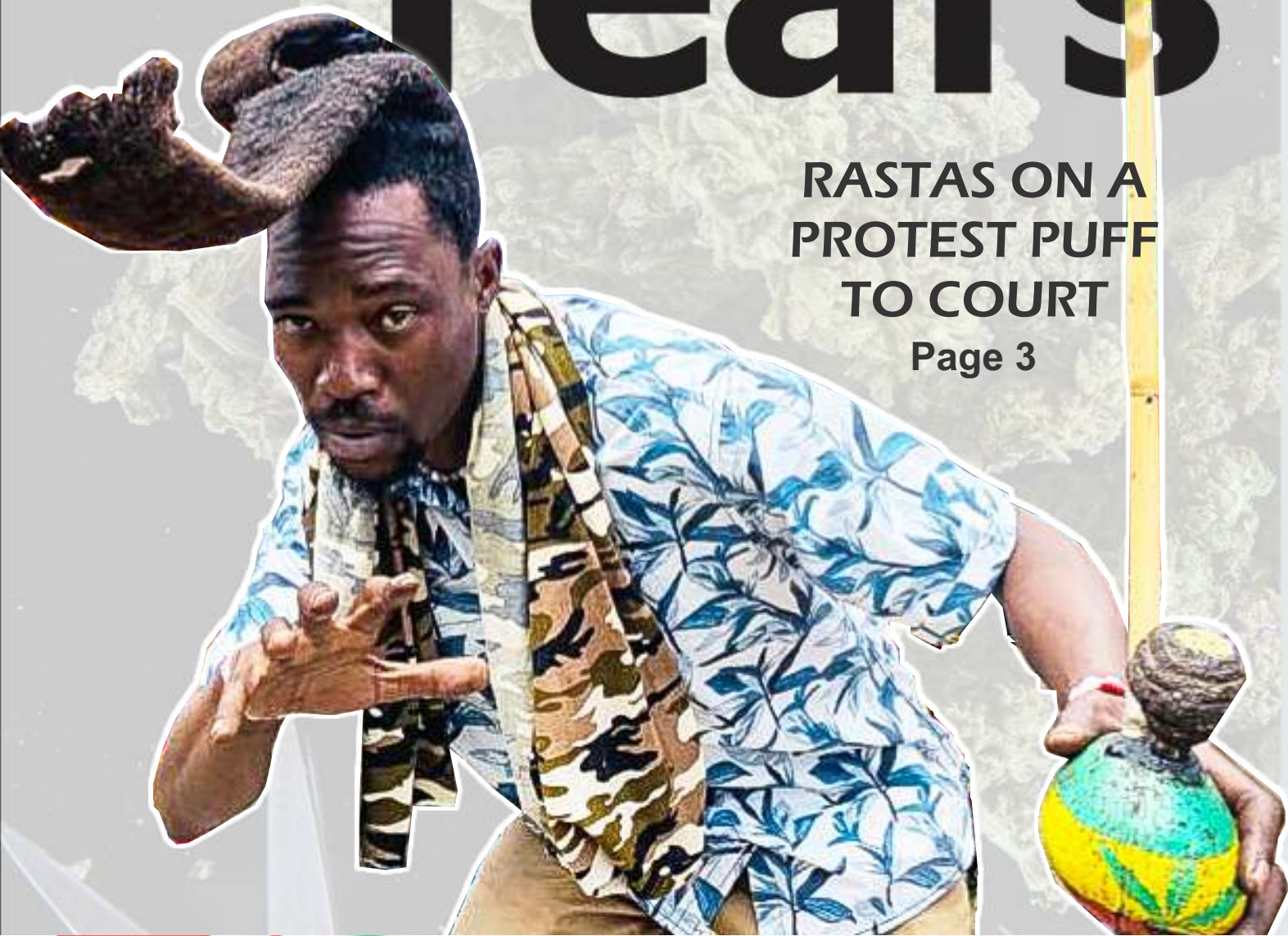
www.7LTV.co.za

Issue01

12 November 2021



Same Colour Tears



RASTAS ON A
PROTEST PUFF
TO COURT
Page 3

In this cXs issue...

**RASTA
LED
PARTY
WIN 7
COUNCIL
SEATS**
Page 4

**CRYPTO
TOKES
CANNABIS**
Page 5

THE
**CANNABIS
EXPO 2021**
INDUSTRY | HEALTH | AGRICULTURE

PRESENTED BY
JuicyFields

18 - 21 NOV 2021
**SANDTON
CONVENTION CENTER**

CANNABIS JUNCTION

HOW TO REACH US



Samora M



Viv Brown

- @thesevenleaf
- @thesevenleaf
- +2767 136 6865
- info@7LTV.co.za

Cannabis, Covid and the Culture

Ganjahman Samora

As another seven days of the Earth's spin and here emerges issue one, the first step away from zero, it's been a journey of love, support and some backlash (everything in balance) that said these formulate the tell tell signs that appear with the exercise of relaying views. Thank you for the love and support from the cannabis community we at CannaXpress remain grateful and appreciate you as you continue to share in your conscience with us.

The inception in issue one comes alive in a moment where canna enthusiasts' engines are raving and changing oils in preparation for the Cannabis Expo. We are seeing the stage presence banners on social media platforms and we here at CannaXpress will also be at the Sandton Cannabis Expo and will be amped to meet some new faces in person and share smiles (remember

when people ZOL disarmed us, well almost from some joint sharing privileges) once again with some long not seen members of the cannabis community, the reality of the new normal we wake up to every other day.

Covid-19 has come with unimagined drastic changes to everyday life and to once again stand at the helm of tasting the old missed festivals and to see the numerous cannabis communities gather on different ends of the country shining under the shade of the cannabis plant comes as a breath of fresh air howbeit through a masked nasal pathway.

The life seen in so many of the faces as they connect in gatherings is a reminder of the beautiful world cannabis possesses. Cannabis is a healer to the challenges faced by

more so our collapsing human culture. The plant has far reaching hands that deal with humanity across his three fraternities of being in the Spirit, Soul and Body I am no preacher man but I am here to say I have seen the ganja plant house humanity as hempcrete, cloth man as a beautiful weaving, heal traumas in puffs and disengage the auto in immune whilst METAgating the spirit of the Rastaman as he calls on Jah or warding off bad spirits as the Shinto priests live out a taima (marijuana) ceremonies five times a year at the Ise Jingu,

Our pages traverse on these plains to relay these tales and so as you peruse from fact to fiction remember our utmost intention is a true CANNAbis eXPRESSION from the plant first to the people of the plant down to the people for the plant. Enjoy Issue 1

SACRED 420 GROW SHOP

COME BY FOR ALL YOUR GROWING NEEDS!

SOILS, SEED STARTERS, COMPOST & MORE TO COME

RAW
CLASSIC BLACK ORGANIC HEMP CONNOISSEUR & PRE-ROLLS

BRANDED PAPERS, TRAYS, GRINDERS & MORE FROM INTERNATIONAL BREEDERS....

20 TON ROSIN PRESS SERVICE
R125/15G
R250/30G

GET YOUR AUTOFLOWERING AND FEMINISED SEEDS IN STORE

FIRST 5 CUSTOMERS TO PRESS WILL RECEIVE A FREE DAB PICK!

CNR. GEORGE STREET & BOUNDARY WAY.
STRAND, CAPE TOWN
(ENTRANCE ON BOUNDARY WAY)
WWW.SACRED420GROWSHOP.CO.ZA

ADVERTISE WITH CANNAXPRESS

SPECIAL PROMOTION
UNBELIEVABLE RATES

+2767 1366865

#thesevenleaf

THANK YOU FOR ALL THE LOVE

@highlifeofalady
@goldendroplabz
@thedankerysa
@cityboysdubs



TEARS OF THE SAME COLOUR

Lucky Look

The Rastafari United Front (RUF) has not slowed down on the fight for the rights against the plight of the Rasta. This past Monday in South Africa in the Northern Cape province town of Kimberly the trademarked clad Rasta coloured the pavements of the town in another push. The red, green and gold lions led by Ras Thau-Thau Haramanuba, the President of the RUF marched to the Kimberley Magistrate Court in protest.

The Rastafari United Front was flagged by communities echoing on the similar fundamentals in the Black Farmers Association of South Africa (BFASA), Cannabis Development Council of South Africa (CDCSA) and the Marcus Garvey Orthodox movement.

Whilst heralded as a protest in paramount pushing against police brutality the memorandum of demands sounded and handed to the state officials by the RUF president speaks specifics in systematic and functional demands talking into the dynamic that informed not only the march but the memorandum of demands as penned by the organisations roped in together with the RUF.

Reading out the ninth and pivotal demand that themed the protest march Ras Thau-Thau echoed the black words on the white paper stating that, "the justice system should be called to the fore to pay attention to this continued gross human rights violation twenty-seven years after constitutional democracy".

The Rasta are side walk echoing a voice

that needs to be noted in that almost three decades later their fight for fairness and the fusion of the Rasta culture is still helping on the garment of lady liberty. The demands echo the basics brutalised in the beef between the band of brothers and the bud of beauty in the last sixty years. News of the harassments of Rasta even to death at the hands of the law enforcement officials is an unwelcome norm in this age.

In December 2019 the Capetown family of Jan de Bruin witnessed what would be a nourishing family gathering turn into a nightmare when Jan de Bruin was taken from the gathering by state officials after a scuffle, only for the family to receive news of his passing the following day. CannaXpress caught up with the Dr. Lennox Mtshagi the President BFASA who formulated the flagship coupling in with the RUF for the protest march. Dr. Lennox gives clarity on what the role of BFASA and interest in the march is informed by remarking that "injustices are taking place in the cannabis community and there is a lot of brutality by police happening on our members. We also want to expose the capture of cannabis by the South African Health Product Regulatory Authority (SAHPRA)". The standoff between BFASA and SAHPRA has been televised literally and the fires are still blazing as boiled out in the words of Dr. Lennox Mtshagi as he further states that "there is a lot of red tapes that SAHPRA has put in so that Africans cannot access the cannabis

market. Africans were also excluded from the pharmaceutical industry. The exclusion is done using an Apartheid act of 1965; by not abiding by the Constitution of South Africa which the preamble stipulates very clearly that all black South Africans that were previously oppressed should be prioritised in all government businesses. SAHPRA does not use the BEE, they are giving the cannabis to white monopoly capital".

On a televised weigh in on Newzroom Afrika Dr. Lennox Mtshagi squared off with the SAHPRA CEO Dr. Boitumelo Semete-Makokotlela, the gist of the matter ending with the absence of proof for submissions on corruption claims against SAHPRA by BFASA. The BFASA president took the moment with CannaXpress

question on the televised weigh in stating that "we are having proof of all corrupt activities taking place at SAHPRA".

Outside of all the theatrical works of human interaction however the energy, the ethos is that there remains work to be done to facilitate the desired changes from the rolled out channels, twenty-seven years into a state walk, cries of the cannabis communities' echo a universal plea that is in most cases a lifetime pursuit for most. For in this moment it sounds from the roots of a spiritual ganja plant and yet in truth it is housed in the hearts of everyday people that is the cry, the cry for the cognitive realisation of the self from the Rasta to the superstar, the master to the mastered the tears remain the same colour.





Rasta Leads New Political Party to a first

JOMO SEGAGE in his Youthful years

Jomo Segage is the leader of Middelburg and Hendrina Residents Front (MHRF) political party in Middleburg South Africa, the CannaXpress caught up with the man who ran as the Mayoral candidate for his party to chat about all things cannabis. Jomo narrates his journey with ganja stating that run-ins with the law enforcers and academic educators was a norm in his teenage years. He speaks to the constitutional ruling of September in 2018 indicating that the ruling positioned an initial breakthrough for the cannabis masses in South Africa. "That is a breakthrough because for almost all my life I have been advocating for the decriminalisation of marijuana," he stated the vibrant Jomo. MHRF was formed on the 7th of November in 2020 after concerned members of the Middelburg and Hendrina communities in the Steve Tshwete local municipality felt that their interests of preserving the heritage of the

town were no longer represented by the current political parties. In the recent local government elections in South Africa Jomo led the Mpumalanga province party as the Mayoral candidate for the party in the town of standing for the Middleburg. Jomo a Rasta since his teenage years led the novice party to a haul of 11% of the total voter turnout as 10337 votes, a feat that led the MHRF to acquire 7 seats in the Steve Tshwete Local Municipality. With the leading party acquiring just over 36% and no outright majority the municipal Council in Middleburg Mpumalanga remains hung awaiting coalition talks. Jomo Segage closes on the political front with a remark that has been the waking song in the party slogan "our heritage we defend because we could not sit and watch our town's resources being looted like in such a manner."

continued on page 6

WIN

CHEEBA
CANNABIS ACADEMY

Join Us!

PLETTENBERG BAY CAMPUS

2022 ENROLMENTS ARE OPEN!

February 2022

*3 months full time plus 1 month internship

TheCannaClub & Growers Co-Op

ENROL AT CHEEBAAFRICA.COM

THE CANNABIS EXPO
INDUSTRY | HEALTH | AGRICULTURE



PRESENTED BY

JuicyFields

18 - 21 NOV 2021

SANDTON CONVENTION CENTER

THECANNABISEXPO.CO.ZA



MEET FELIX THE CATalyst for Cannabis

Dagga Journalist

Nevironn Felix @cannagrowsome from Cape Town always been a cannabis smoker my entire life, since I was a child in the hood.

"Always been into weed, sitting with the Rastafari's from the beginning," he said. Felix left the country in 2013 to go cook high-end clients in the US and started growing weed on the side.

By 2018 Felix returned back to local soil after the bill was passed.

He said he wanted to do something that brings about change especially because his mother had a stigma towards the plant

So Felix started out relationship consulting and dabbled himself as a cannabis relationship consultant

"My mommy was very against my use. I developed a triple scale where I measure the analysis for personality for the person with weed and the anti-cannabis person (the person they would like to amend with)," he said.

Felix has all sorts of methods he uses to amend the relationship so that the person can use cannabis in their own personal capacity without hiding and being ashamed of who they are.

That work got him noticed by Cheeba who invited him to do various talks at the campus.

He not only helps people grow in their relationships but also shares his knowledge of the plant and its basics.

"I have a passion for the educational side of it," Felix said.

He said when Cheeba opened its campus he was first in line to join to share his

Now living in Johannesburg, and has been working as the cultivation manager at Cheeba from March until September.

He is also involved in the private sector and the Waterberg Eco project a community drive project to help build community centers for women.

Felix said he was upskilling himself with a CIT course at PSL training. "Very passionate about teaching," he said.

Felix's ultimate vision is to help people.

"Weed, in general, is a way to make people's lives easier no matter what form you use or consume or grow it."

"My 20-year goal at a young story, to change a billion lives. An if I do it one by one, but it's all I really want to do," He said.



Crypto tokes Cannabis



Lucky Look

Dan Tooney from the morning brew show recently ran a poll I found quite interesting in the comparison of names between cannabis strain and crypto currencies. The back and forth was hilarious but in that there was once again the coinciding of the two big C's in our divine big C that is Cannabis and the dicey C Crypto. The two C's are stemming up as the new gold across the different industries one securing and privatizing wealth whilst another freeing the self and publicizing wealth. Cannabis and Crypto collide on these fronts a remarkable inevitability that fuses as an entanglement maturing

into a botanical variation beyond the known.

The Challenge in the minute is really finding out how crypto and cannabis relate at the base the frontline trends are synonymous with scams something that in discussion with the CannaXpress Kirtesh indicates he can spot from a flawed ecosystem; Kirtesh Carra has a passion for digital marketing and block chain tech he swings us past some of the similitudes in the quick in and out of the Cryptopreneur Masterclass. "The blockchain application in finance has been remarkable and only in the last five year is the morphing and

coupling of the blockchain functionality into major industries such as gaming and real estate, so cannabis is not isolated in its relation and functionality with crypto" state Kirtesh. The independent and yet reliable functionality of the cryptocurrencies facilitates exclusivity of information through the presence of a decentralized platform requiring no central supervision, making it resistant to not only fraud but external monitoring of financial standings. Jan Ross a stoner who loves his bong indicates that Cannabis and Crypto in the same sentence is a bit creepy, Crypto still carries perceptions of money laundering and maybe it might be because I missed the early entry opportunities into coins like Bitcoin" he chuckles to How are Cannabis and Crypto Currencies

related?

Potcoin a Canadian coin has changed the narrative and is setting a new standard in incorporating legal cannabis banking outside of the clearing houses. Having taken a dip and remained in the shadows in 2017, 2021 has spurred new fortunes for the Pot Coin Crypto currency as it tokes on some legalization global cannabis markets. Change is the only constant and with Ross regretting the missing of early entry opportunities to purchase bitcoin when it was ±R57000. Potcoin stands presenting early entry opportunities into a Pot financing system. Kirtesh Carra however speaks of Monsterbuds with the coupling of virtual bud and virtual events stating that "Monster buds promises to merge the virtual experience with a digital world for growing, ticketing and well are we not already attending events online?"

**THE GREEN
AFFILIATE**

PICKING A GROW MEDIUM

BY SOUTHERN MAGNETISM

Choosing the right growing medium for your crop is crucial to a great yield. Here, Southern Magnetism we will share what we consider before we choose any container or substrate.

While there are a number of laboratory tests for physical characterization of growing medium, the three most familiar measurements are bulk density (weight), water holding capacity and air porosity. Water holding capacity is the volume percentage of water retained by a saturated growing after it is allowed to drain. Air porosity is a measurement of the volume of pore space occupied by air after a saturated growing medium is allowed to drain. For the most part, peat-based growing media products have a low bulk density, since the majority are made with a base of Sphagnum peat moss and have higher water holding capacity. Bark-based media are heavy weight products that are suitable when high drainage and container stability are required. Both types of products typically

have good air porosity in a range of 10 – 18% by volume, which is a good range for most growing media.

Choosing the optimal growing media (substrate) requires special consideration, because it is much more than just an anchor for the plant: it can be crucial to successful crop

A balance between air content and available water is one of the most important requirements of a good growing media.

There are many advantages to using a growing medium

*High yields can be achieved on a limited area

*Better control over Irrigation and fertilization

*Easier disinfection

*Recycling of drainage water is possible

*Growing media can be used as an alternative to an inadequate soil.

However, growing media also have some disadvantages, such as:

*Nutrient holding capacity of growing media is low

*Buffer capacity is low and therefore changes are rapid

Continued On Back Page



Pharmacy in a Flower



Rasta Leads Political Party to a First Win

continued from page 4



The MHRF leader Segage swings onto the other pole talking cannabis and legislation “I grew up knowing that it is just a plant that it is created by the Creator and I understood that I could only use it for the purposes of medical and recreational use, however I strongly condemn the abuse of ganja by some. Since decriminalisation I now use cannabis for recreation without the fear of being arrested by cops. It is also exciting in the current cannabis makeup as there now exists in a sense route ways of commercialisation and entry into the cannabis space” stated Jomo as he manoeuvred the dynamics with the political swerve of compliance.

Reaching out on the sore points that characterise the current legislative framework Segage indicated his disdain displayed by law enforcers stating that he is troubled by lack of education around cannabis which manifests in the form of brutality by some members of the law enforcement agencies.

“I have a very serious problem with the incidents of brutality that have been surfacing even after the September 2018 ruling. They have been happening in most parts of the country, what becomes interesting is that many of these cases you find that police have

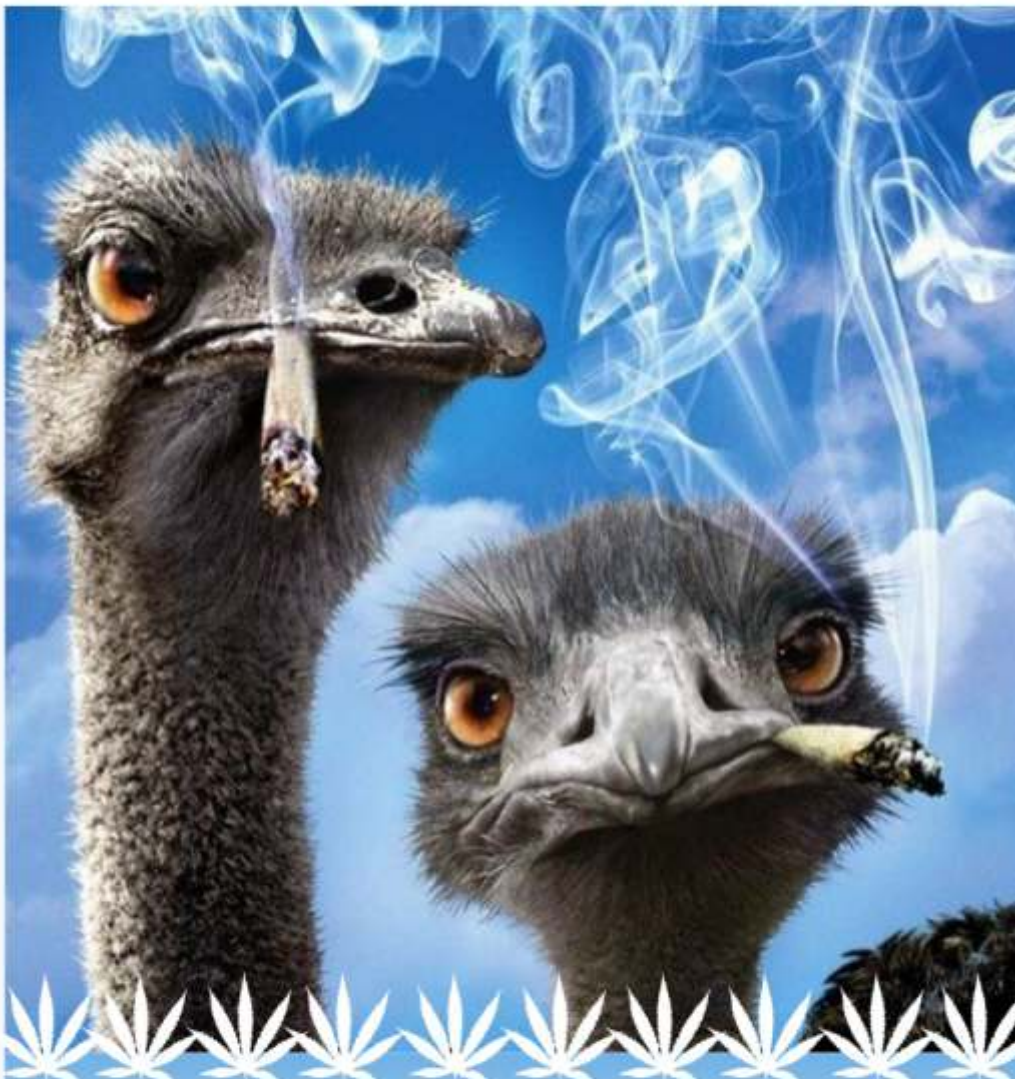
made arrests and then when the suspects get to court, the case is struck off the roll because of lack of sufficient evidence to continue with prosecution or technical discrepancies that normally hinge on fact obliviousness by the law enforcers, that tells us that the members of the law enforcement agencies have been properly ed when it comes new legalities regard to bis,” Segage jded.



not induct to the with canna conclu

Jomo Segage
MHRF Leader

GOACON2021

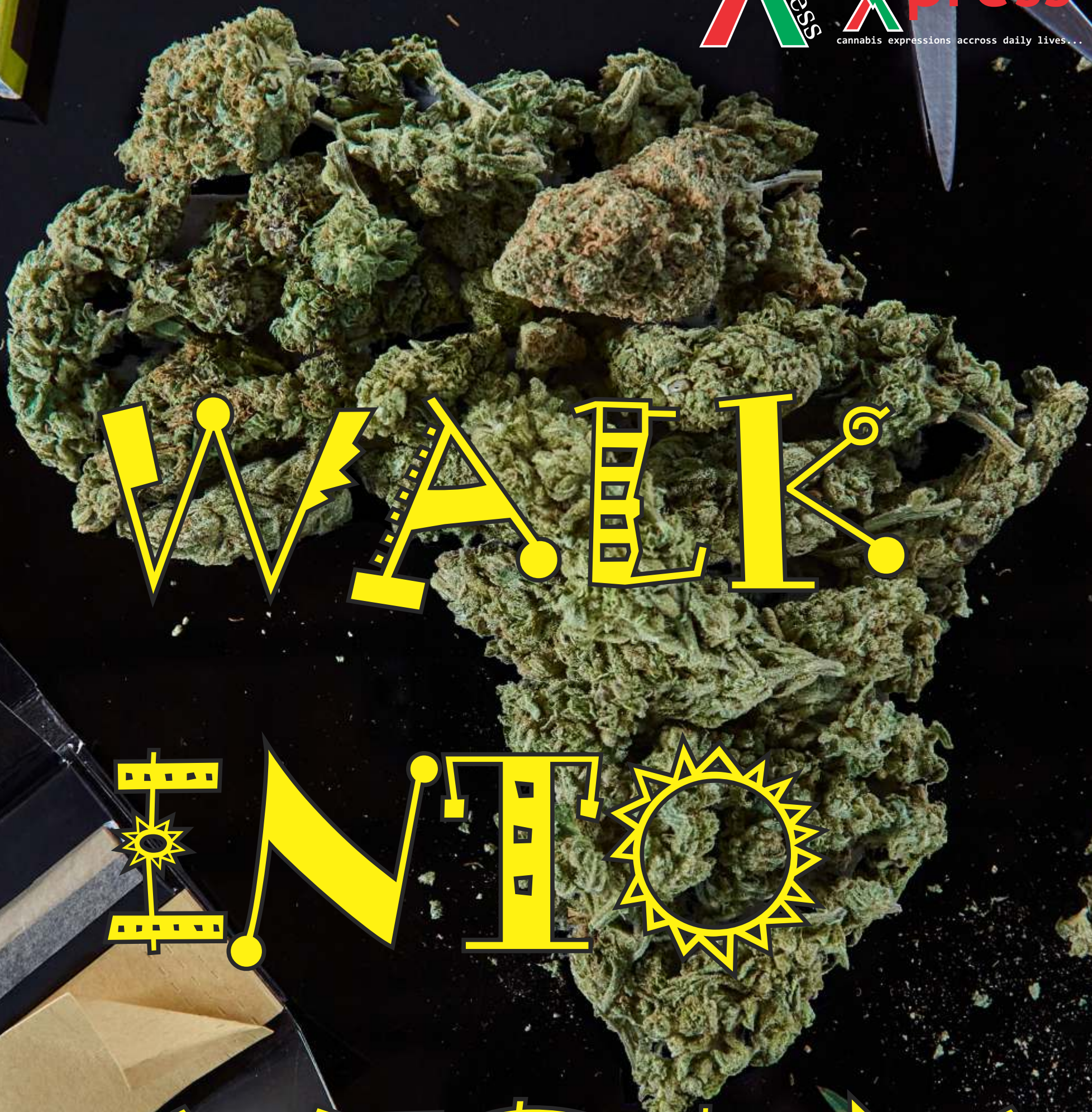


28 Nov – 1 Dec
Oudtshoorn
info@growone.africa



Canna Xpress

cannabis expressions accross daily lives...



WAKE

ENT

AFRICA



Native farmers look into the future of Swazi Gold



On the ground in eSwatini

Tulani Ngwenya

Prosperity awaits farmers of the cannabis strain known as Swazi gold in the regions of Nhlanguano in eSwatini. The area is located in the south of the Kingdom.

Although tension still exists and rising for an end to King Mswati's monarchical rule, prospects in cashing in on cannabis trade is ever more lucrative.

Swazi gold is mostly grown illegally by senior citizens in Nhlanguano. Women dominate the farming in what is known locally as the 'gardens of Eden'. The 'gold' is grown in over 16 plots hidden away in the mountains surrounding the small village.

Nondu Noncedo Kunene a 70 year old resident of the Nhlanguano said to CannaXpress that, "You see, this issue of us (black people) breaking the law by farming cannabis has always been there. I do not care what they say because we have doing this for generations. It is my family's lifeblood."

Kunene went on to say that, "Swazi gold is most popular with the truck drivers coming from South Africa. They want it a lot. We sell to them all the time because they are also selling it in Mpumalanga and other places like Johannesburg."

Zodwa Khumalo another Swazi gold farmer of Swazi gold in Nhlanguano said to CannaXpress that, "I encourage younger women to start farming this cash crop within the confines of the law. They also need to get involved in processing and exporting our Swazi gold."

Khumalo went on to say that, "We sent them to school and now it is their turn to take this a step further by changing the laws and unlocking more of what we already have."

The International Labour Organisation has said in a report that, 23.7% of women in the country are unemployed. The report goes on to say that, at least half of that figure resorts to other illicit trades mainly cultivation or selling of marijuana. The country has a population of 1.1 million ruled by King Mswati III, the last absolute monarchy in Africa.

The Swazi gold is sold on the South African streets from as much as R1/g between 8 to 10 Rand in South Africa and Mozambique, where it is resold to end users at inflated rates. Reportedly Manguya, a women in the village has said that, "Yes, we farm the Swazi gold. I have been in this marijuana business for 11 years. My garden of Eden spares us from dying of hunger. Children have something to wear, something to eat every day, and our lives have become better."

It is hard being a woman in a country where policies do not prioritise the welfare of women and children," she went to say. Narrating the resell options the indication is that the market is in South Africa but even when one manages to cross the border into South Africa, clients can sometimes tell one that the grade of the cannabis is sub-standard, pushing one to sell at a lower price or to look for other clients.

In the village of Mashobeni, cannabis grows with ease and has become the locals' cash crop. Since 2020 in the village under the prevailing lockdown regulations, locals spent most of their time in the gardens tending to the

cannabis plants.

In Mashobeni village, Nonduduzo Mbenyu has been farming Swazi gold and smuggling it to South Africa for decades she lives with her late mother's sister. Her aunt's cannabis garden pays for her education.

"I have sent my children to school all the way to University in South Africa farming and selling this cannabis plant. It is a blessing to us and I wish that my children will use the skills and knowledge to advance their lives as well. There is a lot of money with plant. It is only that we are ruled by an unreasonable man, otherwise we would be somewhere by now," Mbenyu added.

"Communities resort to illegal means of survival because the government of King Mswati III has played a prominent role in institutionalising poverty," he says.

"The government has stunted the country's economic development and failed to build a broad based competitive economy, relying only on foreign direct investment for development. This has resulted in an increased rate of unemployment and degeneration of public institutions, such as the health sector," said Sibusiso Siyaya, spokesperson for eSwatini's People's United Democratic Movement.

A Ministry of Agriculture official who spoke on condition of anonymity,

argued that the geographical location of eSwatini contributed to the economic challenges.

"eSwatini is a landlocked, mountainous country with limited aerable land for our people to utilise for feeding their families or for commercial purposes. As for marijuana farming, I understand the police have dealt with criminal elements who wanted to contaminate our communities. It's all under control," he says.

The opposition party dismisses this explanation saying that, "It is not true that eSwatini doesn't have enough land for farming. The country has idle land said to belong to the king. The country needs to redress past injustices of a system that sought to enrich a few at the expense of the majority, in particular women and the youth."

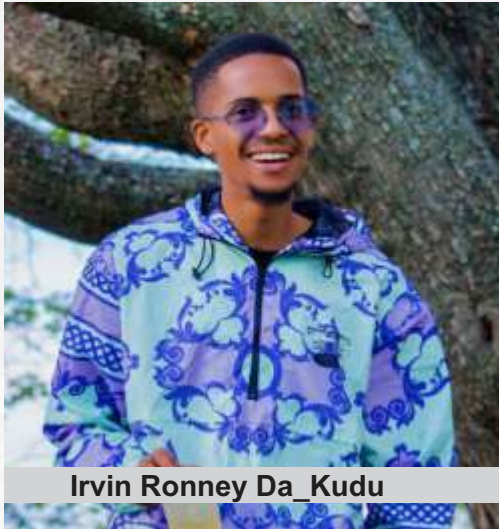
Currently, there is only one legal eSwatini cannabis grower; the United States based Profile Solutions Inc which has a licence to grow and process medical cannabis and hemp for a minimum of 10 years.

However, despite the risks, the Swazi gold farmers do not want to join the legal market. Reportedly, Mbenyu is on record saying that, "Legalising weed might be a threat to our market, as prices might drop. We want the current situation to remain in place."





3+ Ganja tracks (Da_Kudu Debut Album)



Irvin Ronney Da_Kudu



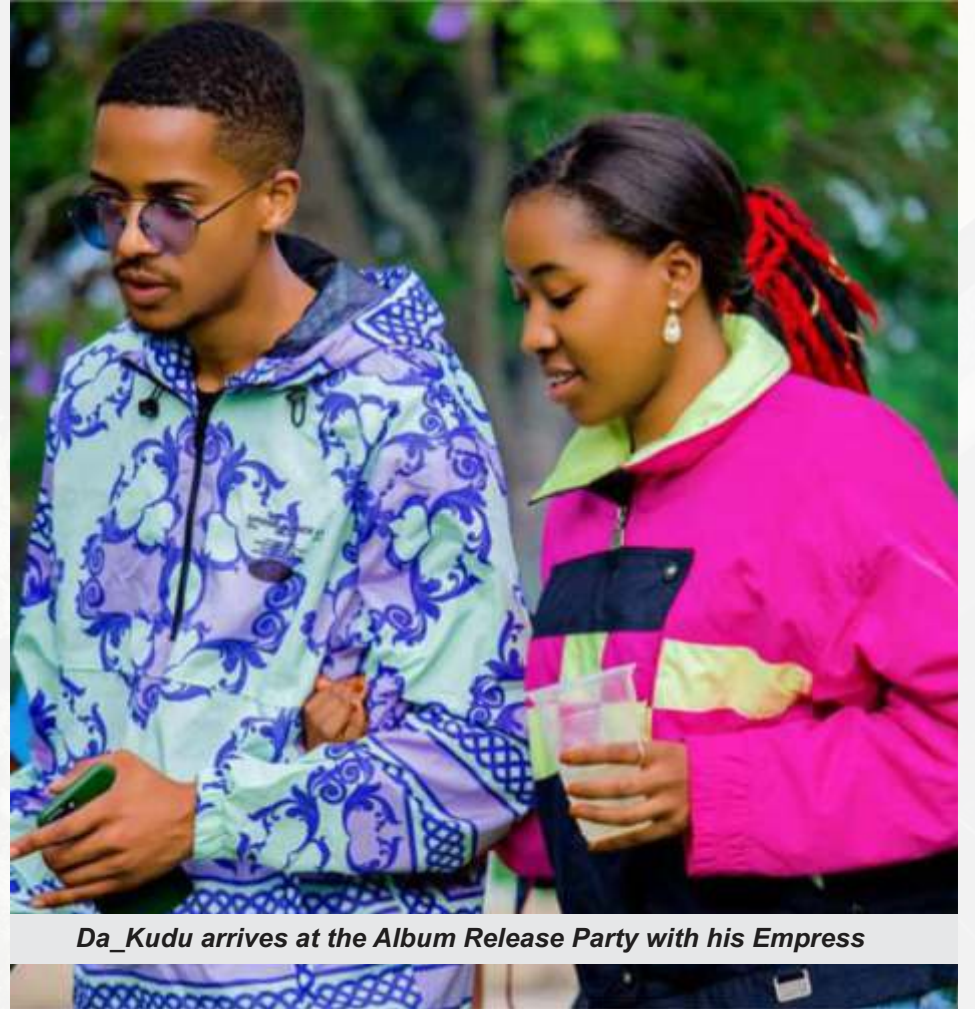
Daecolm Holland

Da_Kudu (Irvin Ronney) spearheaded his unit in “abangane” (friends) this past week at the release party of his first complete offering in a nine track album titled Afrojams Labangane hosted in the city of kings in Bulawayo Zimbabwe. The Album opens up with a synergy of an amapiano, house and afrobeats fusion tracks from Sesingenile to Labangane promising to be hit across the face of Africa. The pictorial retelling suffices not with regard to sharing about music one has to experience the buzz in the beat to experience the flawed attempt at drawing a scent.

The afrojams Labangane album is a good vibes and dance themed album that promises to surely move the hearts and heads of those enchanted without the grace of rhythmic bounce. Rightly named Afrojams Labangane, Da_Kudu indicates that the journey of his making music has been characterised by his journey as a sound engineer and producer stating that “the inspiration behind the whole album is the music that I have been producing over the past two years and I have been really making vibes that I felt should be out there as a new genre”. This is heard in the differently new, yet almost familiar feel in the bounce that bases most of the tracks on this album.

Da_Kudu talks to cannabis on personal terms relaying that the herb is medicinal facilitating the formulation of new neuro pathways in the cerebral space stating that “when I engage in cannabis I find that it

opens my mind and to a certain degree of vulnerability as it opens up my awareness to options facilitating a whole new range of perspectives”. These perspectives await on the definitely Friday party love beat in This Love. The track sounds a catchy sound the mellow sounds of Tinabo and MH1 the song is definitely one for repeating across the dance and drive playlists, “it sure feels good” as added on the track by Ganyaz Jr. The current favorite track for the weeditor on the album is the Jah Jah track that came out as an early release on which DKD once again collaborates with the hit maker and 13 maestro award winning sensation in Asaph and DJ Mphoza. The album also features work from a leading song writer and Daecolm Diego Holland the platinum song writer for the likes of Chris Brown and EllaMai the Whatever track seems to carry more the signature that fizzles more around the Daecolm touch. With a tickle on the ear beat of Jah Jah, the track vocals muffle the interaction with the jahman but audible speaks to need for the Ganjah with an all-round catchy hook echoing “Jah Jah we bless Jah Jah, Jah Jah we smoke ganjah”. The album is a must get in the formulation of a good listen for the Afrobeats lovers, sounding really African Da_Kudu raised the bar for and with abangane in this offering. Follow and find him across major social networks as Da_Kudu.



Da_Kudu arrives at the Album Release Party with his Empress

PICKING A GROW MEDIUM

from page 6



Growing medium components are either organic or inorganic. Organic components include, but are not limited to: peat moss, bark, coconut coir, rice hulls, wood fiber, etc. Inorganic components include, but are not limited to: perlite, pumice, vermiculite, sand, hydrogel, etc. Some of these components hold water on their surface, while others hold water within their structure, and others hold very little, if any water, such as perlite. Keep in mind that a specific type of ingredient can vary in its water holding capacity and physical structure, depending on its origin and how it is processed. For example, bark can vary greatly in its source and its structure depending on how it is processed, aged, composted and screened. This is also true for peat moss. Light brown, fibrous peat moss has a porous structure and can hold up to 16 times its weight in water. However, if this same peat moss is processed into fine particles, the water holding

capacity can be reduced and the air porosity decreased dramatically. If you blend your own growing media, your source materials should be consistent to produce a quality and predictable growing medium. It is important to know the structure, chemical and physical properties of the ingredients you use to be sure that the growing medium blend you produce is the same, batch after batch.

Most commercial growing media are pH adjusted with either calcitic or dolomitic limestone and contain a balanced starter fertilizer to help plants acclimate after planting. It is generally recommended to begin fertilization once new plant leaves begin to emerge and new roots develop. The amount of fertilizer and frequency of applications will vary based on the crop type, stage of development, container size and frequency of plain water applications. Keep in mind that some ingredients used in formulating growing media may contain mineral salts, such as coir. It is recommended that coir should be leached thoroughly before use to be reduce salt levels and potentially high nutrients (i.e.: potassium, chloride, sodium). The same is true for bark, since aging and composting can release undesirable elements. To be sure, laboratory tests are recommended to check pH, E.C. and individual nutrient levels.

