

Extra Extra Weed All About It

XKanna



cannabis expressions across daily lives...

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ISSUE14

21 JUNE 2023

A DELTA
ENCOUNTER
(enCOWnta)

VOICES
FRAMING
LEGISLATION

PSYCH
HELLO
SHROOMS

MORPHING CANNABIS MODELS



GROW ONE AFRICA
SUPPLEMENT INSIDE

02 KNOWN FORWARD IN TIME

We journey on from Cape to Addis Ababa documenting and sharing the plant tales. Popping up on the corner of Africa we are garaged at the Skunk Worx

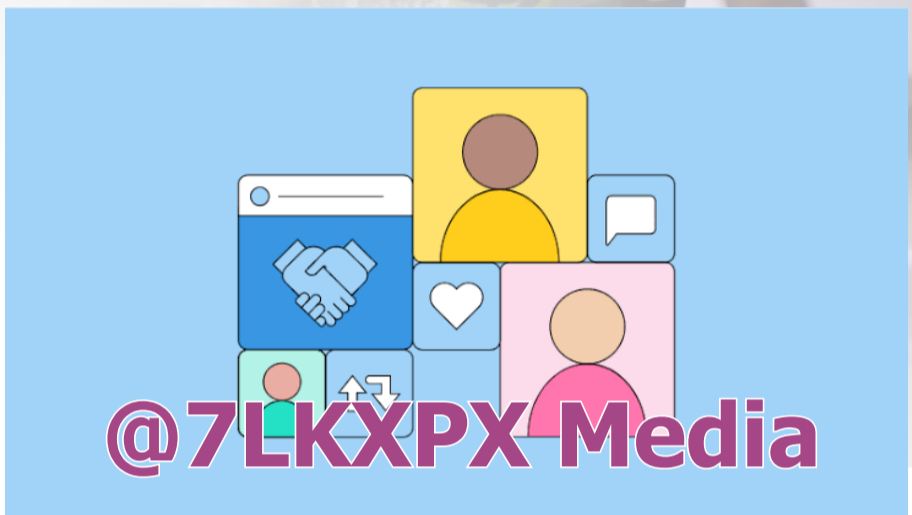
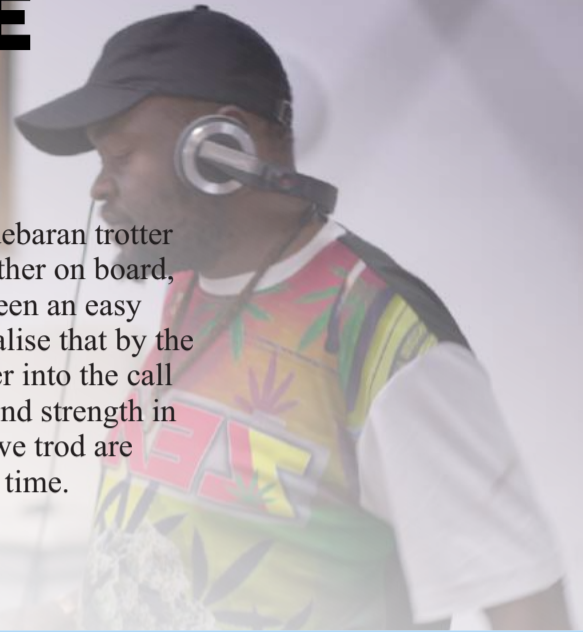
The cross-road's merge in chaos so entangled that one in the eye of peace marvels at the beauty of nature in discorded harmony; in the call up this is normally the grey in the text and the bar for the unveiled. To leap as the seed and to heed no guide in the grail one finds that the whisper gives in more ways rooted in the egg thundering the light. Such has been the journey to the fathoming or the flawing in the fathoming journey as we commit in the relaying of the cannabis mandate, blistered and bolstered we dock on these plain with yet another offering of issue fourteen of the KannaXpress; we have been to the mountain waters and deep roots of the cannabis people and plants and as moments would have it; here we are to relay the tales, we journey on from Cape to Addis Ababa documenting and sharing the plant tales.









Popping on the corner of the Cape we were garaged at the Skunk Worx to a homely encounter with the Roaring Isaac as we kept it Indigenous on the dread, in life's tosses the greenhouse blossomed as an arm of comfort and the rod on Moses hand did wonders to the fellaReying as GanjaMia. The bruises of the blue Unicorn were brushed by the magic wand on the exodus facilitator as the grudging gifts bailed us on the mountains of joy. Now here was the ploy and the plot as heart and grit danced for the first time in tribulation. The time of reckoning had come to the fore and the dimes of delicacies where fizzling away into the night sky as the dawn rays. Enter the Queen of Ganja Marijuana and the curations that only the soul could manifest but

more so the plant of cannabis would give. To the show we found ourselves humming as Mr. Mize mused out the harmonies and called for perfect peace in a seemingly peaceful area that morphed with the setting sun. Ganja opens more than the metaphysical gates of the being; once again under the watchful eye of the queen we found ourselves shaded by a Rastafari high Priest for some Irie meditation. The machines were matched by a homemade fatcook and in the home of an Italist we found home in that kitchen as the Empress hand delivered a road meal serenaded in the flour meal. The bite sees the ascend up and away from the hub of the Annual Cannabis March in the Cape to the valleys of gold and glitter in Johannesburg.

As for marches the Kulcha is boxed as Gauteng mobilises via gatherings a primary route way to demonstrations, the frustrations are clear and the message seizes to be dearing at a time of continued arrests, plant seizures and case dismissals from the court roll the messages speak to a tipping point. In the same period, we puff with some massive 420 gatherings as we slowly land in May to see the strike of lightning and the watershed moments that were founded on socials lost on the 30th of march "Don't STOP". The best take even as we gather this note is to stop but knowing full well that the fantastic four are frozen in suspense, we survive a tractor trod as land watered by the EmNgwenya river, now the gate keepers on the Elands front faced resistance and an echoing that in this instance is sounded as this manuscript speaking in so many voices. Had I known forward the red bull

would eye the Aldebaran trotter on the ancient mother on board, this would have been an easy offering; but to realise that by the day we sink deeper into the call to give more we find strength in that the journeys we trod are known forward in time.



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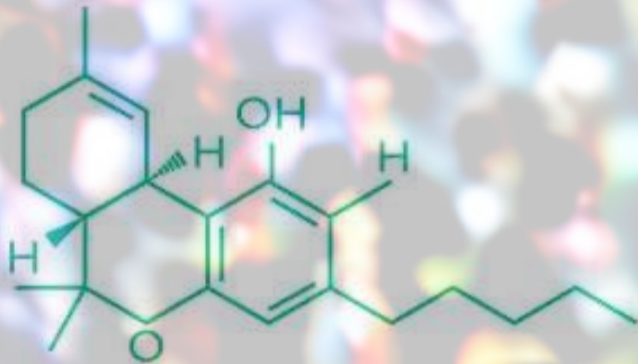


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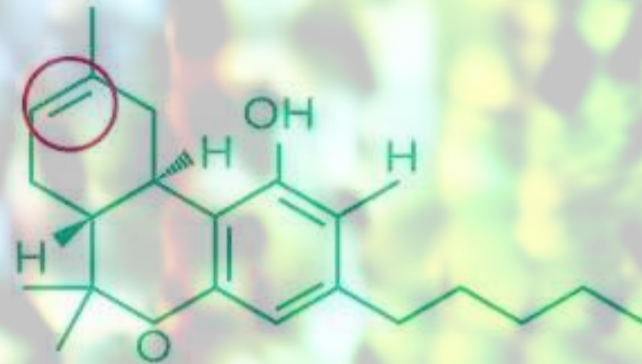
OPINION

A DELTA ENCOUNTER.”

Delta 9 THC



Delta 8 THC



In the nights of discussions, we arrive double bonded and yet singled out in separation to witness the inreaching of the cannabis plant on its trajectory of morphing. The cautions on the academic books on cannabis spoke to motions that brought an outlook that the freeing of the cannabis plant would roll out a death sentence for the masses. The puffs had to be coined into the mental cognition through the sedative tobacco hushed into silence in the lost sensuality and to the found white collars and black robs.

Landing back to the shifting minds in the modern day and the drifting isles in the appearances of new cannabis curations in commercial outlets the flame flickers talking to not just the need to ignite but the coming of terms with the new insights. The access foundations led in the modern-day cannabis era by the transitioned Raphael Mechoulam has opened the world to a upheaval on the varieties in the range and the possibilities of Tetrahydrocannabinols in foundation and the cannabinoids thereto in functionality.

In the present frame work the talk has been to the rooting of Deltas, a discussion lost in audioless visuals that positions lip readers with a double helix kind of encounter, this the advantage. Enter the Deltas, the eight and the nine closely appearing, the reaching in has been that of isolation of a bonding phase and may be in scholarly terms we could talk



VAPE CARTS ON THE TEST RACK - (CDC Unsplash Image)

sinister and rectus. Looking into the work of chiral practitioners in the order of Jean Baptiste Biot and Joseph von Fraunhofer one believes that the gating on the Delta at the 8th carbon chiral in the referenced Delta has a luminary effect in the final functionality not in rotational direction but more so causational intention.

The stepping down in the molecular upgrading of CBD through reflux mixes and tartaric bases spells altered spectrums in the polarized light finally offered for harvest by the being; this talks to regulated metaphysical reach for the plant. The plus is a regulated high it seems and in balance one of the cons would be

extra hand of man in not just formulating by steering the direction of light in the polarization encounter. The freeing of the cannabis plant has seen the imprisonment of the same on one hand.

It looks like the 1874 extractive and separation work of Jacobus van't Hoff and Joseph Le Bel has finally reached the depths of communicative interaction in the chiral and the achiral feature that is the Delta cannabinoid. Forgetting all the extraction compliance that comes with consumer relations, the true nature of plants that become common factor on the isles of man is lost in the rush of human civilization. Whereas cannabis in

the native deltas has in the past seen the freeing of the masses and thus the imprisoning of the cannabis plant in the refer madness campaigns; this freeing of the cannabis plant seemingly opens the access to the plant that has been governed at a molecular level to regulate the reach of the double bonded achiral functionality of the Delta tetrahydrocannabinols.



Continued on next page

OPINION

04

AS THE DISCUSSIONS ON DELTAS WIDEN IN APPLICATION AND FORMULATIONS WE CONSIDER A PROMISSORY TRAJECTORY OF THE DELTAS

MAY YOURS...

BY AROMAS

May your candles burn out in strength

May your rattles cause many to glance

May you light liberate the few

May your night bring room for the dew

May your moon make know the clues

May your flight make shown the true

May nature, nature you pure

May mama embrace even you too

May night skies shoot the stars

May bars ululate from your scars

May comfort be the fort of Hare

May rabbits be the jewel of year



Continued from page 3

With the considered molecular differences presented in the Delta 8 and Delta 9 THC, indications are that Delta 9 has a double bond where a specific carbon atom in the chain has two bonds that are positioned at different places on the chain. In its chemical structure, Delta 8 has an eighth carbon atom with a

double bond; Delta 9 contains a ninth carbon atom with a double bond. The absence of one carbon element plays a key role in the final fusion of the carbons within the cannabis consumer thus regulating functionality. Whilst Delta 8's promise the THC benefits without the psychophysical gates being

opened, the normalizing of such human biological engineering in alterations at a primary level will in this near future not only sterilize the power of cannabis but remove even from mind the chords of Jimi Hendrix fingered to strings on a stroll across the metaphysical gates doubled in the non-mirrored ninth carbon.

THE SWING OF INSANGO IN eSWATINI

punctures the moment of innocence there is a forever lost dissonance.

The plants bleed green to the lean in the traits of the modus operandi documented first with the Indies as the white gold moved the masses of labourers to the sunny planes of the Natal whilst the sanctified academics descended to the cold plains of Queen Europa. Here on the Southern plains of Africa the cane encircled the lands and in the documented success presently found in every kitchen cabinet the stop was paused at the encirclement that bordered as the Ganja Capital of Africa the present-day Kingdom of eSwatini. On a strip that valleyed the green coasts intertwining what has become two lands, the glory of the cane and the pine seemingly was a green valley for arguably; two cannabis strains blossoming in nature as early variants of the Durban Poison and Swazi Gold. Today whilst these same strains wage battles of their own in glories and stories away from home, the presents lands where generations have thrived off the narration has unpaused.

War is said to be the pain left behind for those that return for what is left behind by the wages of rage. The unrest in the Kingdom of eSwatini has been well documented and as we shy away from policy politics, we seek to remind thee of the old game play coming to the fore. The sugar seeks to replace iNsango of the natives, whilst this in plain sight is a plant on plant shift the mycelium

reveals the continued war on consciousness as the shift of functionality. Look to not just the seasonal attributes but the age-to-age environmental determination rolled out by the dagga plant and the people of the plant in the Kingdom.

Continued on next page

THE SWING OF GANJA IN eSWATINI - SammoRA

Probably the hardest part about being a sojourner is the truth that in jotting one channels a message from the plant to its people. Whilst we seek to own the impetus and keep the narration as ours, we love to get lost in the ululations and the songs of so many nations. Those within earshot and those feeding us meals in the time of hunger. Growing up one finds the conditioning in the undocumented journey of losing or encountering so many firsts and yet in that fist of the blow that



MORPHING CANNABIS MODELS 05



When the discussions on cannabis reached the peak of freedom in the supposed decriminalisation and the granting of interim relief in 2018, the hopes of the cannabis community were towards a framework that unconditionally decriminalised cannabis use and opened a pathway to legal cannabis sounded as basic as alpha and omega or more popified like the act of expungement. Five years later one finds that even in the entering of what would have been a global pandemic as traction to progress; the legal consultations and frameworks are still grinding on one wing and miming on one hand. The timelines in the trajectory of the cannabis conversations to arriving at a working model have issued opportunities for different cannabis functionality models to morph to the fore. Enter section 21 Cannabis and the global framework that embraces

the herb and its affiliates to show up on pharmacy counters, from grows with uncounted plants and what would be a medical compliance standard in the functionality of the farm and statutorily would fall under the governance of Health and product regulators. SAHPRA took the flames for embracing the herb and maybe attempting as would be on other products to swallow the whole cannabis portfolio, marches from BFASA (Black Farmers Association of South Africa and letters seemingly opened the door for the Department of Agriculture South Africa to officially pioneer the non-medicinal ends of cannabis and conversations to more than one regulator on the medical and grow compliance end of Cannabis. On the forefront varying provinces have taken time to pioneer functionality at from a local government level up to the echelons of provincial chambers.

The Cape province to be frank has somehow seemingly led on the recreational front in Cannabis and with Ras Gareth Prince and Jeremy Acton emerging from the coastal ends to push for national freeing of the herb, the Ganja grip on the Cape ends is grim. The Cape town provincial government poised at turning the town of Atlantis into a medical cannabis grow capital within the province. The primary challenge is the difficulty that presents itself as a standing gap of resistance within the combined Western and Eastern ends of the Cape, the province carries with it still a tale of encounters of conflict between the state and the legacy growers on those ends. Deaths have been reported in the Cannabis personnel transitioning at the hands of the state and still, there is seemingly no life popping up for the curators of the Cape Cannabis Culture. The industrial ends however witness the pioneering of what emerges as the world's tallest modern-day structure made from Cannabis in its Hemp variety. Partnerships are beginning to merge on an industrial front with white-collar cannabis coming into the fore the entry of Cape Lime into the primary partnership in supply functionality speaks volumes about the future promises and the industrial ends of Cannabis in South Africa. Still in the Cape on a recreational side, we see The Haze Club emerge with privatization in growth and use a similar model that is also pioneered at a national level by Grow One Africa. It is

paramount to note that in the 2018 ruling, cognitive freedoms are what were liberated on the grounds of privacy in use and functionality with limitations, hence the conversations that are termed as responsible adult use. Responsible adults in the call from the different ends of the coasts bordering the Southern African pole nation, we dock on the coasts of Nata to find cannabis shops popping up like motor spares shops and quickly disembark on the Richards Bay port to find the reason for this stark difference in design. In the North West province of South Africa, the MEC for Agriculture Sebonta Desbo Mohono has been frontline gatherings and dialogues that have seen the local government grasp similar models in the rolling out of Cannabis and Hemp awareness discussions. This follows the thrust of the Hemp mandate to the national department on Agriculture, Land Reform and Rural Development (DALRRD). The same ethos has been seen in the province of Limpopo and Gauteng as the former Premier of Gauteng Manemolla David Makhura in a discussion with CannaXpress indicated the primary desire was “to transform Gauteng into the Cannabis Capital of South Africa”. An indication that whilst there is trust in the national policy formulation that thrust in the realization of cannabis opportunities rests strongly on the provincial realizations of an actualized plant.

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THE SWING OF INSANGO eSWATINI

Continued from page 4

From one generation the next there has been witnessed an increasing need to curb the cannabis culture in the valleys of the South, green lands that have responded with ever lowering prices and a reaching in to supply the masses in Africa with the gift of ganja that nature has given to the lands favourably. The commercialisation of cannabis on the continent is however bringing to the fore new complications, it is a norm that most if not all conversations turn at the mention of the cannabis plant and as legalisation across Africa turns so too do seemingly the fortunes of eSwatini's gold; or do they? Now in the light of all the power

struggles it is seemingly heartwarming to witness fellow cannabis consumers across the plains of Africa unpack the yellow tapped harvests from the Kingdom of eSwatini. How the dagga moves along these underground networks is the work of generations and g-strain growers, the masses have not been deprived of the Delta's that diffuse the fog of falsehoods. KannaXpress spoke to Trevor Shongwe the Secretary of the eSwatini Cannabis Association who when queried about the challenges on the native's involvement in the Cannabis space in eSwatini that stands as the biggest grower of recreational cannabis grower in Africa per square kilometer. Trevor stated that “the existing rural indigenous

people must be taken into consideration first ahead of the international investors; the government does not want to include the local indigenous people in this new scheme of things”. A present challenge has been the sidelining of not just legacy growers of the plant but the plant itself in classifications and clustering that at a primary level is seeing Cane look to kick Cannabis out of eSwatini.



06

Continued from page 4

VOICES
FRAMING
LEGISLATION

views

MORPHING CANNABIS MODELS

“In Zulu land the government has spoken to cannabis outlets being regulated in the same ethos as what would be liquor outlets” states Bobby Greenhash co-founder Sheldon Crammer. In continuation he further states that the core has been to ensure that there is regulated access among adults above the age of Eighteen and further elaborations within the KwaZulu Natal (KZN) cannabis policy document for 2023 opened clarity to this proposed framework in KZN. The document formulated towards facilitation through the provision of 'a formal economic and regulated guideline to key cannabis economic opportunities within the KZN regions' pushes forward its primary mandates for a pathway of cannabis in the province towards the realization of these desired outcomes.

- Agriculture – Commercial growers, Informal and traditional use growers, and agricultural Co-operatives
 - Cannabis tourism – Alternative health and recreational markets, on-site consumption (clubs & “coffee shops”)
 - Hemp product manufacturing – Textiles, composites, fiber biomass, nutrition
 - Pharmaceutical sector – dispensaries, pharmacies, producers, testing
- That which stands out for the cannabis commentators in the proposed KZN policy documentation pushed forward by the Bobby Greenhash Foundation is a clustering of alternative health and recreational markets under the banner of Cannabis tourism together with the separation of traditional use growers and agricultural cooperatives.

In the month of May, the National Assembly held legal publicly aired but closed-circle consultations towards the formulation of a national cannabis framework. Whilst it is fair to say that the consultations have found room as the ground to officially hear concerns and varying narratives from the cannabis community voices, in the interested and affected the



cymbals of constitutionalism are clanging. The frustrations on timelines exhausted are evident even as COSATU representatives called for acceleration to see the bill reach legal ascendancy by year-end. The interested view has seen indications that the proposed bill whilst seemingly freeing the Cannabis plant imprisons the same people who are fighting for the same freedoms of the plant of some points of conflict.

The discussion still wades on but sobriety is found in functionality within the grey as one waits for the morphing of a framework that maybe like the lottery lines of legality needs to have a national position that paves the way for provincial functionality. Change is the only consistent since we docked on these plains as uniformity is the fallacy that keeps the forged from the realization of the gifting within; maybe the turn of days will allow for a final cannabis appearance that speaks finer model for affiliation for the cannabis plant and the community all-around as narratives toy between the legalization and decriminalisation of cannabis two ends of one rope on the same ethos.

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WEEDIA



07

WISH UPON ANOTHER STAR

Cape Town Cannabis Cup Competition is your opportunity to win a Judge Pass to SA's most V-High-P event. A comment is all it takes to stand a chance.

The 2022 Cup was lit AF! The 100 judges were met with a rabbit hole experience. A lovely lady met them at the entrance to explain the T,H & Cs of judging the fine herbs on offer. Then presented them with a dope goodie bag and reassuringly nudged them on their merry way. Although you could have just followed the sweet scent of sensi and live plants to find the secret Danksterdam coffee shop

experience awaiting on the other side. Twenty cultivars were thoughtfully presented on a revolving table under a well lit magnifying glass. Once done admiring the anonymously labeled contenders and smoking with their eyes. The judges moved on to the bud bar where they could sample a little nug of each at their leisure. Just enough for a spliff or bowl. Those who braved toking all twenty received a golden medal and round of applause from the house. A haze of Purps 'n Terps Sure the buds were all worthy of the most discerning bong or blunt. But it was easy to tell early

on which weed was causing the most hype in the room. And to my pleasant surprise it wasn't just bag appeal setting the mood. For a change far more attention was being paid to the flavors and burn than to the single dimension of frostiness. The judges were discerning as many of us had already learnt that all that glitters is not gas. The day went on in a haze of irie tunes and top shelf company. That all to soon blended into a beautiful evening on the southern tip of Africa. Where for a brief moment we were one of the highest and happiest places on earth.



Understanding the Legal Status of Decriminalized Cannabis in South Africa

By WILLIAM WALLACE This article first appeared on (thehighco.co.za)

In recent years, there has been a global shift in attitudes towards cannabis, with many countries revisiting their legal stance on the plant. South Africa, too, has taken steps towards decriminalizing cannabis. While this has brought about certain changes, it's essential to understand the legal landscape surrounding cannabis in the country. This blog aims to provide an informative overview of the current legal status of decriminalized cannabis in South Africa.

Understanding Decriminalization

Decriminalization of cannabis refers to the removal or reduction of criminal penalties for possessing small quantities of the substance. In 2018, the Constitutional Court of South Africa ruled that the criminalization of personal cannabis use and possession in private dwellings was unconstitutional. This landmark judgment sparked the decriminalization of cannabis for personal use within certain boundaries.

Personal Use and Possession

As a result of the Constitutional Court ruling, adults in South Africa

have the right to possess and use cannabis in private spaces for personal consumption. It's important to note that this decriminalization only extends to private use and possession and does not encompass public spaces or the trade and sale of cannabis.

How much is too much?

The rules and laws have not yet been set for how much cannabis you may personally possess or grow. This has left enforcement at the discretion of police. It is therefore best to be reasonable with how much cannabis you plant or have on you. A couple of kilos is certain to raise more attention than

a couple of hundred grams.

Limitations and Restrictions of Decriminalized Cannabis in South Africa

While personal use and possession of cannabis have been decriminalized, there are still limitations and restrictions in place. Public use of cannabis, including smoking or consuming it in public spaces, is prohibited. The law also prohibits driving under the influence of cannabis, as it can impair one's ability to operate a vehicle safely. It's crucial for individuals to be aware of these restrictions to avoid legal complications.

The Illegality of Trade and Sale

Despite the decriminalization of personal use and possession, it's vital to understand that any form of trade or sale of cannabis remains illegal in South Africa. This means that individuals cannot buy or sell cannabis, and engaging in such activities can lead to legal consequences. It's essential to emphasize that even gifting and non-profit clubs may be considered illegal trading.

Regulatory Developments and Future Outlook

It's worth noting that the legal landscape surrounding cannabis in South Africa is continuously evolving. There have been long ongoing discussions and debates regarding the regulation of cannabis, including the potential for the establishment of a regulated cannabis industry. However, as of the time of writing, no legislation has been passed to permit the legal trade and sale of cannabis in the country.

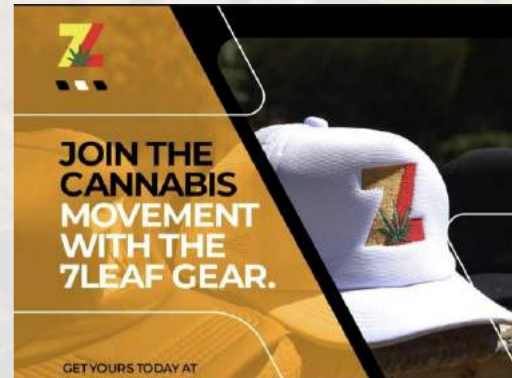
Conclusion

The decriminalization of cannabis for personal use and possession in South Africa represents a significant shift in the country's approach to cannabis regulation. While individuals have the right to possess and use cannabis in private spaces, it's crucial to understand that any trade or sale of cannabis remains illegal. Public use of cannabis is also prohibited. It's essential for individuals to stay informed about the current legal status of cannabis and comply with the existing regulations to avoid legal issues. As the regulatory landscape evolves, it's advisable to keep an eye on any future developments regarding the potential regulation of cannabis in South Africa.

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21 JUNE 2023

KULCHA SUNDAZE ONE YEAR ON



The June in South Africa talks to the young people in South Africa on a personal front, from movements breaking stereotypes and the Bantu educational system the young people in a generation are the frontline to new narrations. Enter the Kulcha at this time last year and 442 Helen Joseph in Pretoria South Africa, one year later is a whole new vibe on a Sunday with the Kulcha community. Paving a pathway that creates a platform for young people and in particular artists from varying dimensions within the creative space, the Kulcha crew in Stan & Yoyo have along the year curated some amazing gatherings. From a ride on fashion show on bicycles to the vocal relays and creatives takeover, the Kulcha community has formulated a dynamic platform, KannaXpress caught up with Uno who when queried on the ethos to one year

opened the line with an offering of gratitude. "One year anniversary, shout out to 442 for supporting us from the onset and seeing the vision, we have met all sorts of artists visual and performance. It's been an honour and a privilege that is filling with pride and being able to create a platform that artists can genuinely benefit from, one of them is bound to be a star at the very least. Shout to one year of Kulcha Sundaze and building a pro-cannabis artist community". In the face of fallacies, one knows that the realization of fantasies begins with day zero and witnesses the light of year one and the journey of Kulcha Sundaze morphing at such a pace is hope not just for the artists of the future as the creatives of today in the cannabis space are finding a community in the Kulcha Sundaze gathering.

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THE DIFFERENT TYPES OF CANNABIS



by Lisa-Marie Lovell

The future is looking greener with the rise of hemp – the sustainable crop that's making waves in fashion, food, and beyond.

With a growing demand for sustainable energy sources, hemp biomass is becoming an increasingly important part of the natural energy landscape and as more research is conducted on the potential benefits of hemp, it is likely that we will see even more innovative uses for this remarkable plant's by-product in the future.

Cannabis is a plant genus comprising of three primary species: Cannabis sativa, Cannabis indica, and Cannabis ruderalis.

Cannabis sativa is typically a taller plant with thin leaves and longer flowering cycles, making it better suited for outdoor growing in warmer climates. It tends to have higher THC content and a more uplifting, cerebral effect, making it ideal for treating depression, ADD/ADHD and fatigue.

Cannabis indica, on the other hand, is usually a shorter, bushier plant with wider leaves and shorter flowering cycles, making it better suited for indoor growing. It tends to have higher CBD content and is known for its sedative effects and can be effective in treating conditions like anxiety, insomnia, and chronic pain.

Cannabis ruderalis is a smaller, hardier plant with a shorter flowering cycle and is often used for breeding purposes due to its auto-flowering trait. It is typically low in THC and other cannabinoids, making it less desirable for medicinal use on its own.

Different strains of cannabis plants, including those used for hemp, have different growth patterns and requirements. Hemp is characterized by its low THC content (less than 0.3%) and high levels of CBD, and is specifically bred to produce these characteristics. Hemp is typically grown in rows, with the plant spacing dependant on the desired outcome. The optimal climate for growing hemp is in temperatures between 15–27 degrees Celsius with plenty of sunlight. Hemp requires less water, pesticides, and fertilizer than many other crops. On average, a hemp plant takes between 70 – 140 days to reach maturity. Not a very long period, considering the vast applications of the plant.

Hemp biomass is all the plant material that is produced from the stalk, leaves and flower of the hemp cannabis plant and so hemp is therefore a highly sustainable crop. The preferred variety used to produce hemp is the Cannabis sativa plant, because of its versatility and growth. The interesting part about her growth is the aim of your application – if it is to get biomass for hempcrete or fibres for clothing and rope, you'd plant them close to each other, so they stretch for the sun and become tall and skinny.

If you're after seed or high CBD flower, you would plant them spaced further apart, much the same way as you would conventional cannabis plants for recreational purposes.

Hemp is also commonly used for industrial purposes such as textiles, paper, and bioplastics, with ongoing research to investigate the vast potential applications of hemp biomass, including the production of fuel from its biomass. Hemp biodiesel is made from pressed hemp seed oil; and hemp ethanol/methanol is produced from the fermented stalk of the plant. As it is extremely cost efficient and easy to extract, it is a truly sustainable fuel option for the future.

Research has also shown that hemp's biomass can be useful in reducing greenhouse gas emissions and improving soil quality. Hemp can also be used to clean up contaminated soil through a process called phytoremediation. This makes it an accumulator, and these plants should be processed accordingly.

Hemp is also an alternative to traditional livestock feed – it is high in protein and can be used to feed animals such as cows, pigs, horses and chickens. This not only provides a more sustainable source of feed, but also reduces the environmental impact of traditional livestock farming. Her biomass also contributes as a human food source, in the form of seed. Hemp seeds are highly nutritious – rich in protein, fibre, and essential fatty acids and can be used to make hemp milk, oil, and butter; and hemp protein powder is a popular supplement used by athletes and health enthusiasts.

With fewer options of decorticators and other machinery required to process the actual fibres than many other countries, we still need to invest a lot of time and capital to find an African solution to this African problem. As it currently stands, it can be difficult and expensive to harvest and process, particularly for fibre and seed production.

With legislation still neither here nor there, getting farmers to apply the practices of hemp farming is a major obstacle we face in SA. Another hindrance is the acquiring of seeds and the fact that once seeds have been successfully obtained, cross pollination from other hemp grows pose a relatively large risk. This is why hemp grows need to be planned, monitored and executed responsibly.

Hemp has the potential to bring people together by promoting environmental sustainability, economic prosperity, as well as health and wellness. By supporting the use of hemp-based products and practices, we can all work towards a brighter future for ourselves and our planet.

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Bultfontein, Pretoria



2 Die Joint - Koffie Huis & Kwekery
Hartbeespoort



3 Tiny Town
Equestria, Pretoria



4 420 Twig Social Club and Grow Shop
Moreleta Park, Pretoria



5 The 420 Emporium
Midrand



6 All Ways Of Life Social Club
Kempton Park



7 Cheeba Delicious
Rivonia



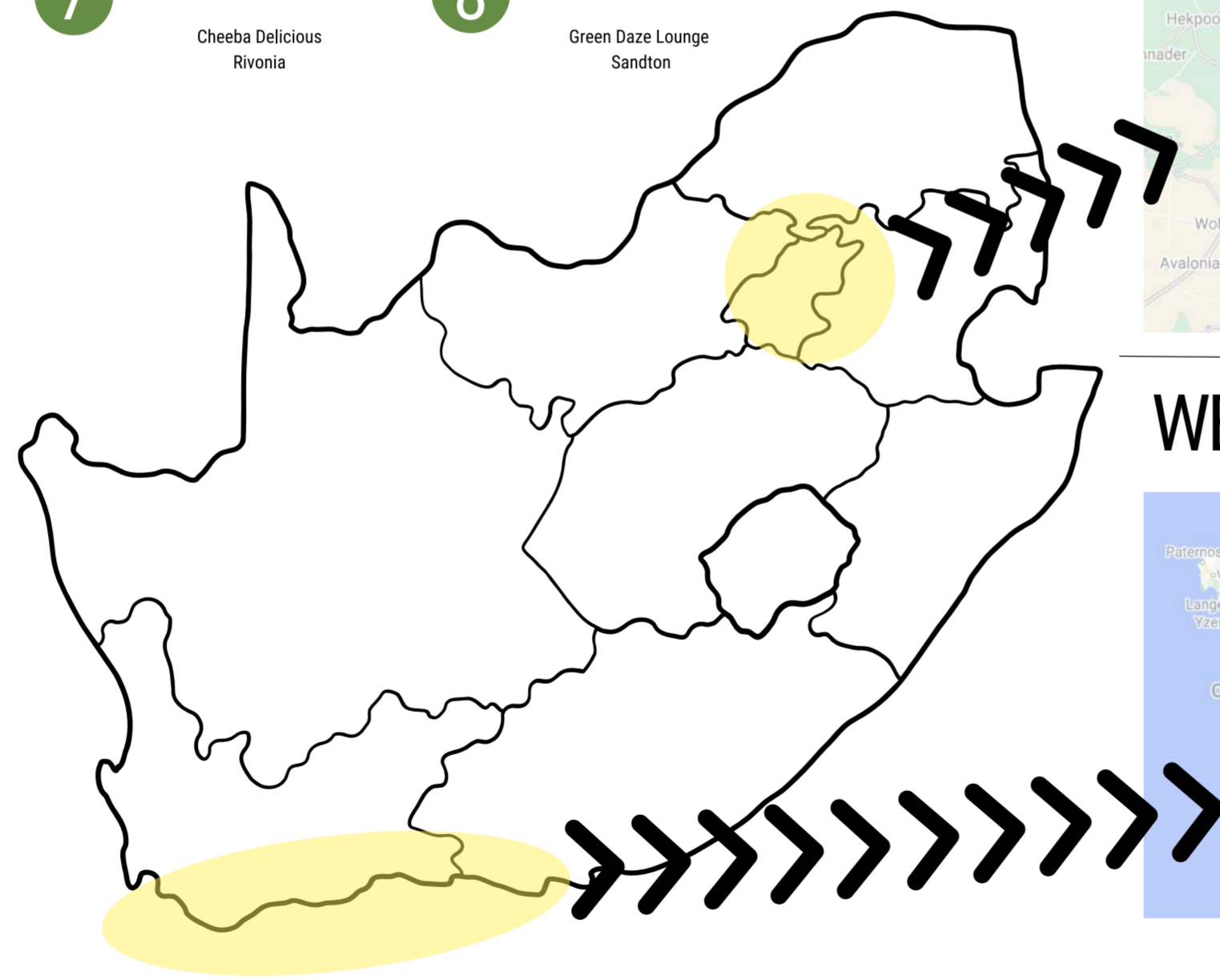
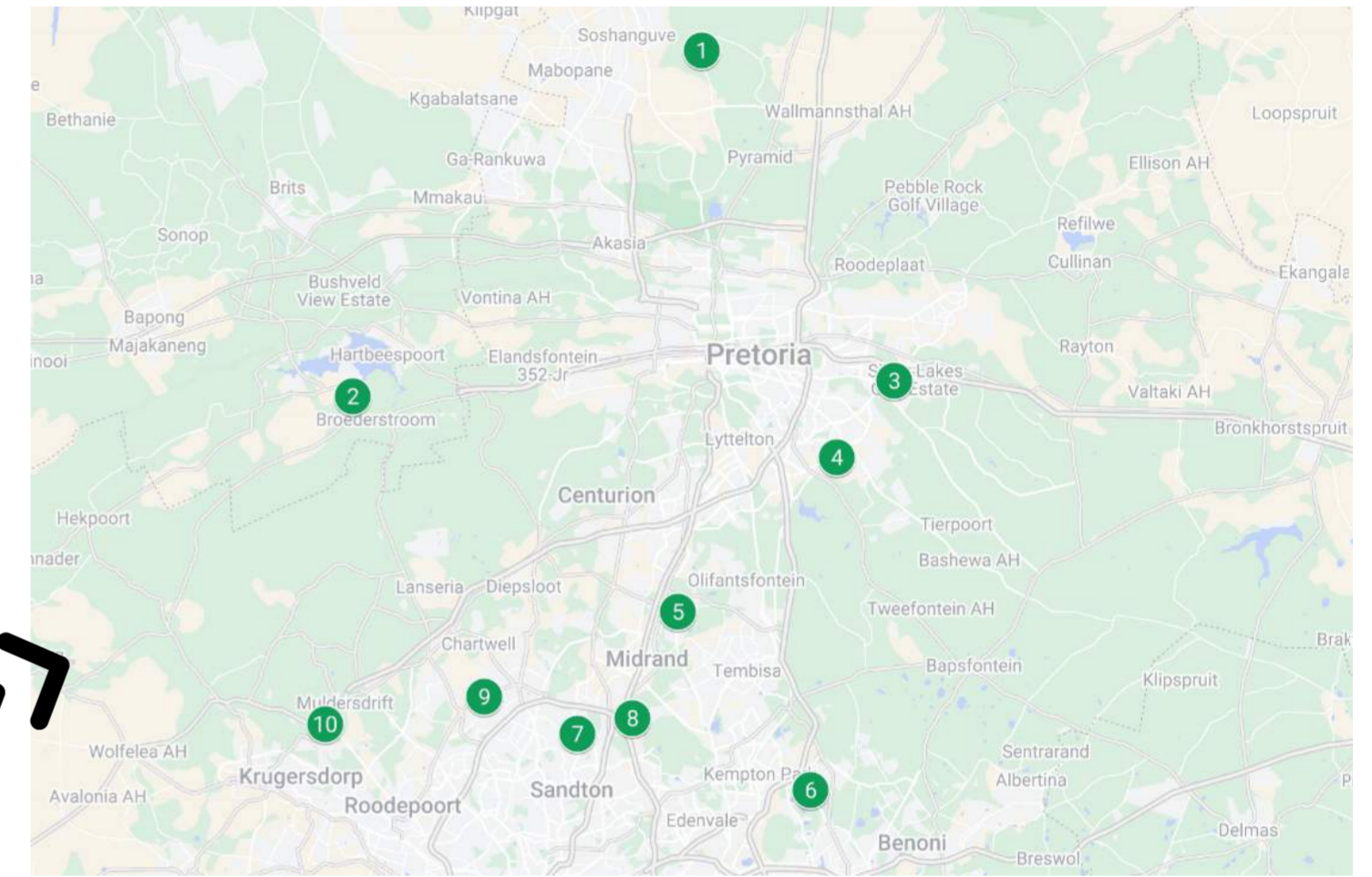
8 Green Daze Lounge
Sandton



9 The Leafy Bison
Joburg North



10 Cradle Stoner
Muldersdrift



WESTERN / EASTERN CAPE



11 Doornbosch
Stellenbosch



12 Green Mammoth
Gordon's Bay



13 Die Boom Huis
Oudtshoorn



14 The Health Cannasseurs
Knysna



15 Turtle House
Jeffrey's Bay



16 The Pottery
Port Elizabeth



grahmsterdam

17 Grahamsterdam
Grahamstown



WHO IS...

DINAKE DANIEL MOTONA (AKA MR. NONGO)

A HUMBLE MAN WITH A PROFOUND ENERGY THAT GUIDES HIM AND WHICH CAN BE FELT BY ALL THAT MEET HIM - WHEREVER HE GOES. WHEN IT COMES TO THE HEMP INDUSTRY IN SOUTH AFRICA, NONGO HAS BEEN AT THE FOREFRONT OF UPLIFTING COMMUNITIES AND FORGING A WAY FORWARD.



Who is "Nongo" and how did you get into the cannabis industry?

I am an ex-Military Pilot from the then Bophuthatswana Defence Force. I am also a fashion designer and studied Apparel Product Development from Sew Africa in the Jo'burg Fashion District. But most importantly, I am a socio-economic and cannabis activist. My first encounter with the cannabis/hemp industry was when I was invited by Dr. Sunshine Blouw from the CSIR to attend the 2002 World Summit on Sustainable Development where they were discussing a paper on the Application of Natural Plant Fibres. That is where I first met Tony Budden, the Godfather of Hemp.

How long have you been in the hemp industry and has it grown much, since your initial involvement?

I have been in the Cannabis/Hemp industry for over two decades now. The industry is steadily gaining momentum, especially since the Zondo ruling in 2019 which resulted in the first hemp permits being issued by SAHPRA and now DALLRD. The President has also put the spotlight on the industry in three of his State of the Nation's addresses.

Have you, as an individual, been able to sustain people working for you in this industry?

Even though I have been through difficult times and challenges, I have still been able to provide 10 sustainable jobs thus far, with future employment opportunities being imminent.

What role do you see hemp playing in South African's future?

With proper enabling legislative framework and inclusivity, the Cannabis industry has the potential to address the triple challenges of poverty, job creation and unemployment.

What has the growing process of the plant as well as the Cannabis plant herself, taught you as an individual - from a physical, spiritual or mental perspective?

The Teacher Plant Cannabis, has taught me that she needs to call you first. She has taught me that the human race needs to have respect towards mother earth. To practice love, sharing and happiness. It has also revealed itself as a unifier and has no boundaries in terms of colour or race.

Can you tell us what projects you are currently busy with?

At present, I am busy with a hemp pilot project for the North West called Nongo's Joint, with Druids' Garden as our implementation partners and with support from Small Enterprise Development Agency (SEDA), the Ngaka Modiri Molema District Municipality and the North West Department of Agriculture.

I am also busy with the 420 Tribe Social Club, in collaboration with Grow one Africa - a community driven initiative for educational and awareness drives, which aims to raise funding for community development projects. I am also involved with Africa Farmers Association of South Africa (AFASA) as both the National Deputy Chairperson and the North West Provincial Chair for the Cannabis Commodity.

I also serve as a chairperson for the Cannabis Development Cooperative of the North West.

I travel around the country, stopping off in different provinces, engaging and educating youth and women on cannabis harm reduction and instilling entrepreneurship spirit within the communities for future sustainable development.

In a perfect world, how would you ideally like to see the human race and the hemp plant serve one another, to be mutually beneficial to both species?

Well, I would like to see the human race acknowledging the intelligence of this teacher plant and appreciate the fact that we can be one with the plant. We live, breath and heal because of this plant. So, the best thing we can do is to support the growth and use of this magical plant to make Mother Earth green again in order to benefit us all.

"Growing hemp as nature designed it is vital to our urgent need to reduce greenhouse gases and ensure the survival of our planet."

- Jack Herer