

AND DESTIES LIFE TO BE A SECOND OF THE SECON



IN ISSUE 18













CANNABIS IS OUR NEW GOLD
RASTA LEADS POLITICAL PARTY
NO LOVE LOST SHARING PLANT STORIES
AMANGWANE 22 WARRIORS
GANJA IS OUR NEW GOLD
RASTA LEADS POLITICS
MINISTER OPENSHEMP PERMITS



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NO LOVE LOST IN SHARING PLANT STORIES

the intimacy to Cannabis tales document kissed us with the puff of legalisation in 2018, the ground for we was on new territory on a plant front, we had been on the frontline of narrating human ordeals on a daily life and frankly the rut had us swirling in human wealth but internal disconnections. The following year 2019 we were invigorated by the Pretoria Expo Cannabis and in sequence to the call and the unctioning planted by the Cannabis herb, the target was pinged as the next Cannabis community in the March encounter in Cape Town. Seeding from the local terbancle we embarked on the narrative to realise Cannabis culture beyond our Mpumalanga doors a move that graciously saw us

N PLANTX

CANNABIS MARCH

reposition on the sidelines of the Lanseria airport tarmac. The inception in the connection with the Dagga Couple had been realised and with the legendary late Jules Stobbs pointing us to the Botany of Desire the narration from the plant began to make affirmative sense.

In 2019 we launched the Seven Leaf in Issue One and with a hefty financial investment the passion for the stigmatized Ganja herb would not dishearten we in the only missed flight yet to Cape Town we finally found docking on a Friday night. The embrace to the work was testimony enough that there was a need to be addressed and whilst we had "blindly" jumped into the pond this narration pool was the Bermuda in the triangulation. The waters were deep and unregulated, the manoeuvring was overpowering to the will of the being and in sequencing with the pull of the 420 waters we found breathing moments in gatherings in the order of the 420 themed festivals brought to life on the Meadowlands of Johannesburg. 4000 copies tucked in the back of the bakkies the sales from Cape Town had not matched the return on investment but the scales of celebration in the acquisition of the 7LEAF MAGAZINE cushioned the coin drain.



We were thrilled to find a community and real-life narrations positioned the follow-up Copy in Issue 2 of the 7LEAF with localized content. The community was opening up from the doors of seclusion and isolation and the transformations in the procedural affairs of the witnessed an acceleration in the content expressed and an arrival of co-swimmers to our faces in the Cannabis media space. The Extract personalized Magazine representation by Nickmans Toon brought the Banana Diesel in the centerfold of their July 2019 issue of the publication and thereafter it was news galore. The indications were present in the need for community to step up and share the narrative of the plant at a time where the general media found the clutch in the An Slinger couches.





NO LOVE LOST IN SHARING PLANT STORIES

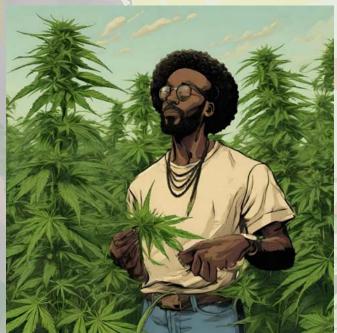
Continued from page 2

Born to media in a Caxton territory we knew the narration in more than one tale would have on the same community and with Nadia on the other wing we had been initiated to realise the diversity of voices speaking to varying demographics the of community. The stories and changes piled in at a crazy pace and with the 2020 public gatherings coming to a halt in March we were issuing Copy number three of the Seven Leaf as the year ended. The coin drain was evident in the business world and the promises of the herb in its attributes to contribute missing piece to the narrative had been enforced by narrations Cannabis from **Extracts** crippling the Covid capture.

The visual wing of sharing tales had been present but hushed in the demands on the equipment end, yet still we tapped in with a different mindset. Calling on what would be an expansion in the cabinets we embarked on a visually collaborative front as we connected with Kulcha on the 100 Episode Celebration of their Podcast and danced to the Joburg son with Blaze SA in Maboneng. The emerging of the visual narrations saw what would be Issue 3 in Volume 2 launch with a watch party at our studios as we gathered the community to share visual with **Aaptwak** narrations hotboxing the set. In the spirit of gatherings, we found ourselves swirling deeper into the vortex of the cannabis community as Striker, Walter Pretorius, Dr. Jamalooden, Dr. R Hurley, Kobus Schoeman, Jack Green and Rob the Roller collide in what would be the first issuing of a PlantX oriented gathering. The culture in narration and the curations in motion shifted the pathways of metamorphosis as the journeys collating content across the South African plains chipped away to the altered ego.

. The initial unit in the 7LEAF team that had seen Sibbs Pat, KB Kush, Roza Munoz and Tin Tin merge to relay the Cannabis disbanded as we resorted to the black and white relocation positioning as the Cannabis **eXpressions** (CannaXpress). The year arrives as 2021 in November when we finally launch the first Issue on November the 5th sequencing with the 5115 as the gene key fifty-five narrated the onboarding cover theme on the Removal of Emotions around the Cannabis conversations. Extracts from a narration with John Steenhuisen; as mockingly arrive on this end of the narrative with a neutral perceptive in an emotionally charged vase that is the **Cannabis** communication conduit. Coming full circle, we arrive on this text in Issue 18 of what now positions as XKanna and the 3rd in **Cannabis** offering the eXpressions in Volume 2. The transformation of the first offerings saw the issuing of sixteen issues in the count from zero to fifteen; along we have journey seen reflections in narrations calling for reformation of policies to rope in Cannabis and for community inclusion through lowering of the scales of entry into the Cannabis movement. The transformations within the players and participants, are presently indicated in the narrations of Dr. Lennox who led the Black Farmers of South Africa BFASA on a march to Pretoria calling on reformations at the onboarding **Cannabis** medical regulator **SAHPRA** that has presently seen the organisation reform structurally complying to the calls.

The Narrations in Black and white witnessed the taints of life slow down the publication sequences as we entered 2022 seeking for balance and still finding the new fold in the journeys of plants positioning on the banks of the Zambezi Valley. The water streams brought to life participation at the Zimbabwe International Trade Fair sharing and hearing the cannabis stories



communities still living recreationally restrained in policy from connecting with the plant that is industrially liberated. As the Falls that wonder the world pounded in the distance, we witnessed the docking of PlantX I at Bhejane Lodge seeing the representation of conversations that gathered farmers and cannabis fellows in fellowship around the potential of Cannabis in Southern Africa as the return of organic technology beckons. In this Issue 18, we are looking to share some of the stories that have been featured in the past copies of XKanna, the thrust is in celebration of circulation of the sun dances in the initiatives turning towards the third cycle from the 5th of November 2023. Without making this article and Issue a historical lecture we seek to reposition some narrations of the past still speaking greenly to grass and the Cannabis herb mandate in the present day. Whilst some of the content talks to the challenges of mastering changing policies, perceptions, positions and people in the Cannabis community it remains as a stamp in time along the trajectory of the Cannabis plant journey as we share on the love and the lives of the herb in South Africa and Africa.

Do enjoy some narrations in the audio clips on our PlantX RAdio App under the Emerald Narrations Channel with excepts from PlantX 0 and 1, the ZITF and music from the exchanges experienced on the journeys of sharing the stories of the Cannabis Plant.





HYMIS OF THE HERB



rom the musicians of Bremen to the Pied Pipper, melodies have been sequenced with timeless messages pointing the arch to the covenants of old and in one chord showing the anchoring elements of the dark. The balance seizes to be in knots and conductors as the rhythm rises to sequence with the breeding of the times, genetically altering with every evolution the plant and mankind are in continuous revolution as pavers on these plains. To couple one with another in the dance of coexistence the restoration of the native; in nature unadulterated emerges to catapult the trailing micro biome in the that constitutes the being.

To say plants birth revolutions is an indication of submission when regarding the hierarchies Moslow, never the less creation lives in ecosystems where the highest is degraded by the tinniest and lowest and in such symbiosis the native continues in song. The melodies of liberating the Cannabis herb once sounded as a piping dream in the cabinets of insurgency as the flute known as the cornerstone fiscus crippler flaunted a return to formally align in fluidity with the present affairs of man.

The mandate unchanged in the call to hinge and bridge the meta with the physical towards the aspects of restoring a twisted balance; not only in societal affairs as the herb perambulates without neglecting the source connections. The source in the technological patterns dotted in the Cannabis seeds that for generations of capture have thrived in the private auditoriums of the rebels as tagged by the affairs of the system.

Today the pipe of Matekwane calls from the public corners of earth for an embrace with provisions of healing, homes and hubs of reformation; the Kanna constellation breathes new life to the resurging herb shooting from blades the ground. The sounds of affiliation and acceptance are reforming to hums talking to systematization, wealth transfer and harm reduction approaches as enabling of the plants in the modern-day times is facilitated. The cordons of conditioning have shifted drastically conversations around cannabis, stigma hushed references of herb to code terms and thousands of names,

the Cannabis plant has paved its own lanes in the fruits of the pudding. In a numbered world the financial ripple in the technological acceleration availed at a multilevel by the cannabis plant has turned capital heads considering the coins of the green gold.

It is no mystery that the Marijuana melodies have found homes in the ears of the here and now as the mellow in the green musically sounds to glean the fields hampered by the absence of a revolutionary plant. Secretly we are aware that globally states have been on the forefront of crippling the herb reaching the masses in signatory affairs; yet on one liberated the privileged prosper from grows and exports and extraction of value-added Cannabis, in paper and patents. "In the affairs brought to mind we arrive in 2018 at a tobacco shop to purchase empty preand the mention of cannabis in that exchange invokes the shield of defense the shop attended". from Defiance profiting from the plant a stance seeing the paraphernalia of the Cannabis



AMANGWANE 22 WARRIORS

APOLOGY

X Kanna would like to relay our heartfelt apology to our readers and the plant information community for misrepresentation on the story around the Bergville 22 published on Issue 17 in October and headlined as "GALLOWS TO THE GARDEN THE HOMECOMING OF GREEN GOLD TO BERGVILLE" as the article partially read "following years without customary affiliation the spirits of the twenty-two look to have found rest following exhumation and repatriation efforts rolled out by the local municipality".

This remark was relayed in an article preceding the Bergville Cannabis Expo and pointed to a completed undertaking with regard to the relocation of the 22 bodies of the deceased. It has come to our awareness that whilst the consultations allocations have budget and undertaken by the Okhahlamba Local Municipality in intent to relocate the bodies of the deceased the above remark misses the clarity that the intents are still rolling out mandates and efforts to see the actualisation and finalization of the relocation of the remains of the Bergville 22, this an alignment embracing of the **Kgosi Mampuru II Correctional Centre** exhumation project. Information reaching XKanna boldly indicates that "there has been no official exhumation relocation of the Bergville 22, fondly known as 22 Amangwane Warriors who were executed on the 21st of march 1957. Our extension in rescinding the misplaced remarks metaphysically extends to the family, the Ngoba community and the facilitators leading the line to see justice in the homing of the 22 Amangwane Warriors and the healing of the community hearts. The Amangwane 22 Warriors are Ndlayedwa Hlongwane. **Ndolomane Nhlangwini** Hlongwane, Hlongwane, Kamu Hlongwane, Nhlansi **Babalane** Hlongwane, Hlongwane, Mandolozane Ndaba, Magangeni Kubheka, Ndobolo Mdluli. Mantweshu Mdluli, Mantongomane Mdluli, Xhegu Mbatha, Jubhela Mahlobo, **Nsingizi** Khumalo, Mshudeki Mthembu, Thela Dlamini, Mgqolobane Dlamini, Mganda Mdladla, Mdladla, Mhambawodwa Mbulali Mdluli, Bhobholwana Mdluli and Nhlozana Mdluli; the Amangwane 22 Warrior in response to a supposed attack on a community kraal collided in battle with state policy enforcers looking to raid the village cannabis grows.



HYMNS OF THE HERB

Continued from page 4

Marifrana melodies have found homes in the ears of the here and now

culture publicly appear where systematically there was a disagreeing with the culturing of the herb.

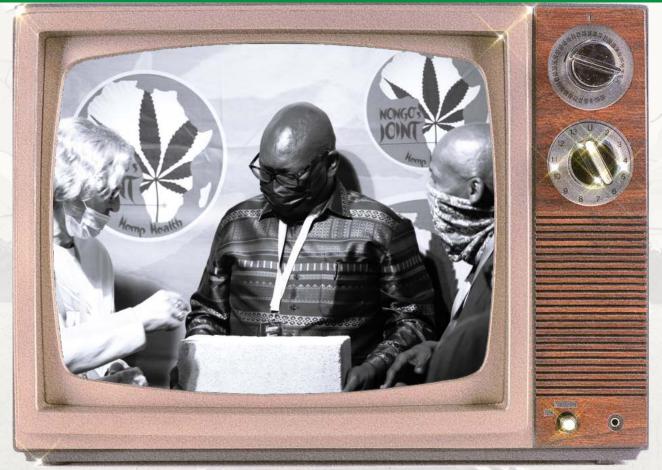
Changing tunes in modern day freedoms see the emerging of Cannabis Section 21 shops, coupling with existing systems to facilitate access to medicinal benefits housed in Marijuana. On one end today in present day South Africa the freedoms of consuming and cultivating Cannabis in private have been provisioned: "legally" the which has presence of transformed community frameworks with policies to couple in the herb privately. The release of cannabis for the public has seen regulations speaking to the anatomical preference of the herb, a cannabinoid based divide mandate and rule in the continuing of separatist policies has seen CBD pack descheduled shelves whilst THC still sneaks in through the back pockets and the greys of the policies.

The bias in the affairs of the herb is present still and will not cease as that is the availing in the order of balance, the existence of oil drill rigs and the presence of petrolports sees everyday global protests and still hammers pound deep into the carbon rivers. With endorsements condemnations, the entourage that is the effect in the coupling of cannabinoids in fluidity presents more for the end user of the herb on one end where as the THC may facilitate in breaking metaphysical gates, it on one wing the builds on **foundations** presented medically by CBD. In the affairs of liberalizing the plant the talk needs to feature a form and functionality approach in application and free the facets of the plant to express attributes without restrictions. Maybe then the dance floor would be a mellow platform for thee, that will see the return of the peace pipe and the drums of Dacha pound an inclusive call to break the separatism sequences of solitude in songs that sound to synergies of cultures cannabinoids and a free plant.









PICTURED L 2 R: PROF. DE BEER, DAVID MAKHURA & DANIEL MOTONA "Gauteng is the industrial hub of South Africa, our focus is to make Gauteng the

Cannabis hub but on the industrialization and medicinal ends".

he Premier of Gauteng David Makhura graced the Cannabis Expo in Johannesburg South Africa this past weekend, the head of the South African industrial hub in Gauteng was quick to indicate that the cannabis industry was a new facet emerging in a form that cannot be overlooked as in his opening remark he relays firstly that "this is a new industry in the big scheme of things, it's a game changing industry for we in Africa, lots of secrets already built into people's cultures across the continent about using different herbs". David Makhura continues his response to the question from CannaXpress on his perception pertaining to the route of transformation that the Cannabis industry is morphing towards as he relays that "Gauteng is the industrial hub of South Africa, our focus is to make Gauteng the cannabis hub but, on the industrialization, and medicinal ends".

The Premier David Makhura who is steering the Gauteng ship at the helm of rolling out of a multibillion Rand industry in South Africa reaches across the overlooked arms of the cannabis industry stating that "in the end we would like also to be the place also to open up for recreational use of cannabis, what we want in the moment is to support the growers because the potential for growing indoor is huge".

In the scheme of pivotal roles there is an acknowledgement of other key cannabis players in the country as the Premier refers to the communities in Eastern Cape that prefer to grow recreational weed outdoors.

In an anti-consumer mindset stance David Makhura twists to value addition of the cannabis flowers stating that "if we miss the processing of it, you are missing the money, you are missing the jobs, otherwise it comes here as very expensive medicines, grown in Africa but coming back to be sold here beyond the reach of Africans, it is our new mineral, cannabis is our new gold". The premier lights up as he turns to a reference on how hemp has also transformed the animal husbandry wing in the Agricultural space with reference to the use of the plant in feedlots indicating that the results looked remarkable.

CannaXpress asked the Premier David Makhura what value he was looking to unlock for the young people of Gauteng who face stringent difficulties continuously in a bid to maneuver the red tape and gate keeping measures with the cannabis industry framework, in response David Makhura qualifies that at an entry point as small scale farmers stating that "we already have small scale farmers in every industry we know firstly they need an offtake to generate sufficient income then somewhere down the line they need training.

(Issue 2 26 November 2021)

We want to work with people in the sector to expose young people to where they can become cannabis farmers, both indoor and outdoor and as we do with all agriculture access to funding.

. It will be a very sad story if the new gold does not include the small-scale guys, especially guys in the townships, young people should not relate with cannabis just from the point of smoking they must know there is much more use and value for it".

Turning to the universal muscle that is cannabis the premier touches on its disruptive power indicating that "the disruption of existing big pharma is going to come from cannabis, that why there is so much that is hidden in Africa and the potential to bring in young people in the cannabis industry is not as complex as traditional Agriculture the potential is huge".

In that moment the CannaXpress remarked to the Premier Makhura motioning interests of a faster rolling out of recreational cannabis a remark to which David Makhura as his entourage chuckle as he adds that "I am here because I am very passionate about unlocking the cannabis industry, I know there is lots of policy and legal obstacles along the way, we will remove the obstacles one brick at a time and position cannabis as one of the key drivers of our economy".

The passion was evidenced in the engagement David Makhura displayed as he walked across exhibitors taking time to learn on the various offerings from different exhibitors. The cannabis industry is waking up from a manmade hibernation and as the underground rumble responds to the news of reefs in potential on the cannabis face there is a need to position everyday cannabis people in play of policy formulation and empowering initiatives. A call on the face of South Africa and David Makhura in this moment but valid in principle across all facets of the cannabis plain.



RASTA LEADS SUCKLING POLITICAL PARTYZTO A LEAP START



Jomo Segage is the leader of Middelburg and Hendrina Residents Front (MHRF) political party in Middleburg South Africa, CannaXpress caught up with the man who ran as the Mayoral candidate for his party to chat about all thing's cannabis. Jomo narrates his journey with Ganja stating that run-ins with the law enforcers and academic educators was a norm in his teenage years. He speaks to the constitutional ruling of September in 2018 indicating that the ruling positioned an initial breakthrough for the cannabis masses in South "That is a breakthrough because for almost all my life I have been advocating the decriminalisation of marijuana," he stated the vibrant Jomo.

MHRF was formed on the 7th of November in 2020 after concerned members of the Middelburg and Hendrina communities in the Steve Tshwete local municipality felt that their interests of preserving the heritage of the town were no longer represented by the current political parties. In the recent local government elections in South Africa Jomo led the Mpumalanga province party as the Mayoral candidate for the party in the town of standing for the Middleburg.

Jomo a Rasta since his teenage years led the novice party to a haul of 11% of the total voter turnout as 10337 votes, a feat that led the MHRF to acquire 7 seats in the Steve Tshwete Local Municipality. With the leading party acquiring just over 36% and no outright majority the municipal Council in Middleburg Mpumalanga remains hung awaiting coalition talks. Jomo Segage closes on the political front with a remark that has been the waking song in the party slogan "our heritage we defend because we could not sit and watch our town's resources being looted like

The MHRF leader Segage swings onto the other pole talking cannabis and legislation "I grew up knowing that it is just a plant that it is created by the Creator and I understood that I could only use it for the purposes of medical and recreational use, however I strongly condemn the abuse of Ganja by some. Since decriminalisation I now use cannabis for recreation without the fear of being arrested by cops. It is also exciting in the current cannabis makeup as there now exists sense route ways commercialisation and entry into the cannabis space" stated Jomo as he manoeuvred the dynamics with the political swerve of compliance.

(Issue 1 12 November 2021)

Reaching out on the sore points that characterise the current legislative framework Segage indicated his disdain displayed by law enforcers stating that he is troubled by lack of education cannabis which around manifests in the form of brutality by some members of the law enforcement agencies. "I have a very serious problem with the incidents of brutality that have been surfacing even after the September 2018 ruling. They have been happening in most parts of the country, what becomes interesting is that many of these cases you find that police have made arrests and then when the suspects get to court, the case is struck off the roll because of lack of sufficient evidence to continue with prosecution or technical discrepancies that normally hinge on fact obliviousness by the law enforcers, that tells us that the members of the law enforcement agencies have not been properly inducted when it comes to the new legalities with regard to cannabis," Segage said.









The Agriculture, Land Reform and Rural Development (DALRRD), Ms. Thoko Didiza has announced the

opening of the application process for hemp permits in South Africa. The process which came into effect on Friday, 29 October, will allow farmers including importers and exporters of Hemp in the country to apply for licenses. This comes after hemp was declared an

agricultural crop under the Plant Improvement Act, no.53 of 1976. The same Act which provides for import and export control of certain plants and propagating material, maintaining the quality of such plants and propagating ensuring the material, and usefulness of the products thereof for agricultural and

industrial purposes. "It is important to indicate that both hemp and dagga are plants of the same genus, namely Cannabis. However, commercial use of dagga remains prohibited in terms of Drugs & Drug

Trafficking Act 140 of 1992," Minister Didiza said in a statement.

"The declaration of hemp as an agricultural crop now allows importation, exportation, cultivation, sale and research of hemp in South Africa.

This is a step towards the development of the Cannabis Master Plan which aims to provide a broad framework for the development and growth of the South African Cannabis industry in order to contribute to economic development, job creation, inclusive participation, rural development and poverty Conservative alleviation. estimates indicate that 25 000 iobs could be created across the various value chains." appreciate the fact that various rural communities and farmers across South Africa have been planting hemp for many years. These farmers and traders will be prioritized to ensure that the commercialization of hemp sociocontribute to their economic upliftment. We are working with the provincial departments and national departments to ensure that adequate support is provided to producers including value addition," she added.

Previously it was illegal to cultivate hemp in South Africa as a permit would not be granted because hemp is classified under the cannabis species. Small scale farmer, Andre Van Wyk viewed announcement by Didiza

as a breakthrough. "It is a step in the right direction because it will now allow many farmers of hemp to trade legally and that will have positive impact on the economy." A call is thus made to all interested growers, researchers, processors and manufacturers to apply for hemp permits. Application forms, guidelines, requirements and guidelines are accessible on the department's website, **Follow** www.dalrrd.gov.za. Plant Production link.

(Issue 00 5 November 2021)

MOVEMBER 2021 cannabis expressions accross daily lives...

Minister Didiza opens applications for hemp permits

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UN DRUG REPORT, STATISTICALLY SOUND, SOCIALLY SILENT Issue 07 7 JULY 2022

Ghada Waly, the Executive **Director in the United Nations** Office on Drugs and Crime stated in the preface of the post Covid-19 World Drug report that "the illicit drug cultivation offers no way out for impoverished communities in the long run" the term drug comes with predefinitions in these reports with a clarification that "the term "drug use" in the World Drug Report refer to substances controlled under the international drug control conventions. and their nonmedical use". Cannabis somehow found in the same frame of **International** hence the regulation and sovereign practice in states deciding their own relational framework with the cannabis plant.

The report states that they have change witnessed in a "perceptions of cannabis harms" which have decreased in areas where the "drug" has been legalized. Whilst remaining in the validation of regulating cannabis due to the fact that it can be prone to abuse, the harms are indicated with no fluctuations with regard to the ground detail on which these numbers emanate. We see a clear indication on referral terms where the reports states that; "early indications suggest that cannabis legalization has had a wide-ranging impact on public health and safety, market dynamics, commercial interests and criminal justice responses", the subject is clear legalised markets. In the case of harms there seems to be no isolation or separation in indications that this framework is couples both the dark web and the white labelled weed.



The report further anchors that "Cannabis remains by far the world's most used drug", estimating that 209 million people used cannabis in 2020, representing 4 per cent of the global population an indication that since the world cup was in Africa "the number of people who use cannabis has increased by 23 per cent". Stating that use remained the highest in North America, where 16.6 per cent of the population use the "drug". indications that Cannabis remains the main drug of concern for the majority of people.

A win for the plant in this era of resurgence is the acknowledgement "Cannabis the report that cultivation is reported to be on the increase 2020, seizures in cannabis resin increased to a record high in 2020, seizures of cannabis herb increased substantially in 2020, following a downward trend over the last decade, driven by large decreases in seizures in North America". Take not of the substantial referral to cannabis in its native state "the herb", they know the names but more so that the herb is leaping in growth. This is due in part to the increase in the carbon footprint of indoor cannabis cultivation which is stated to be considerably larger than that of cannabis cultivation (between 16 to 100 times higher) now that's a lead for the power companies.

The Covid-19 timeline will stand as one of the watershed periods for all humanity, which ever front one stood on. For the Ganja plant the times of lockdown "during the COVID-19 pandemic drove increases in the use of cannabis, in terms of both amounts used and frequency of use, in 2020". The modalities stated pushed Pot to a pole position where the plant is said to "account for a substantial share of global drugrelated harm, owing in part to its high prevalence rates. Some 40 per cent of countries reported cannabis as the 'drug' associated with the greatest number of drug disorders, and 33 per cent reported it as the main drug of concern for those in drug treatment".



Ghada Waly, the Executive Director United Nations Office on Drugs and Crime

In observing the emerging markets indicators point to wideranging impacts of cannabis legalization in jurisdictions in North America on public health, public safety, market dynamics, interests commercial criminal justice responses. When looking back at Africa we find present once again the biggest consumer as "the use of cannabis is particularly high in West and Central Africa, with past-year prevalence of use of nearly 10 per cent (28.5 million people), largely reflecting prevalence of cannabis use in Nigeria. Consumption does come with the money but this time the report reroutes the end powered by Morocco; "North Africa is a hub interregional cannabis resin smuggling to Western Europe" this is in part facilitated by the cannabis use gender gap that is narrowing, notably in North America, where the level of use is particularly high. In the patriarch remains that retained the culture of masculinity "a large gender gap in the use of drugs, with 1 woman for 9 men using cannabis" in Africa.

The World Drug report further states that "Cannabis legalization appears to have accelerated the upwards trends in reported daily the drug, with of pronounced increase in reported frequent use of high-potency products among young adults.



UN DRUG REPORT, STATISTICALLY SOUND, SOCIALLY SILENT

Continued from Page 9

In contrast, the prevalence of cannabis use among adolescents has not changed much. The proportion of people with psychiatric disorders and suicides associated with regular cannabis use has increased, as has the number of hospitalizations due to cannabis disorders. **Cannabis** products have diversified, and average levels of THC in the various cannabis products have continued to increase, to levels up to 60 per cent in some markets." The growing influence and investments of large corporations, including those in the alcohol and tobacco sectors, is evident in the legal cannabis industry. Tax revenues from the legalized market have continued to rise. The illegal cannabis market is shrinking in some jurisdictions, but it continues to exist alongside legal markets. Legalization has led to a major reduction in the number and rates of arrest of people for cannabis-related offences. However, since possession of cannabis remains a criminal offence for minors, legalization has not led to a substantial reduction in youth arrest rates.

The tale is that of checks and balances, we live in a dual world and whilst the positive is aspired for there is a negative to endure. The report does show financial wins in the legal roll out of the cannabis plant but is silent to what formulated the opening remarks on the social front with remedial stated as measures to avoid the exclusions of the descendants from impoverished and marginalised communities as the years of legalisation churn on.



LABOUR COURT OF APPEAL 1 NOVEMBER 2023 - SUPPORTING BURNY ENEVER



Judgment is reserved in the case of Bernadette Enever vs Barloworld Equipment South Africa.

The long-awaited hearing of Burny Enever's case in Labour Court of Appeal in Johannesburg was an important day. Not only for the incredible Burny, but also for Fields of for Green ALL's **Strategic** Litigation project. A day in court is always a milestone, bringing us back to the big picture, getting us to reflect on how far we have come, and how far we still have to go.

Background

The issue of Cannabis in the workplace is crucial to our Human Rights to Dignity and Freedom from Discrimination. In South Africa, the vast majority of workers fired for testing positive for Cannabis in their urine are usually among the lowest paid in mining and manufacturing industries. This case is therefore crucial to help set a legal precedent to protect worker rights, regardless of industry. Unjustly firing workers based on urine tests that do NOT show current impairment immediate effect on the poorest in our country - those whose needs our government purporting to champion ahead of the elections next year.

While the issues surrounding rural farmers were placed at centre stage (with good reason) at the Cannabis Phakisa Action Lab in June this year, little was said of the injustices that continue to be meted out in HR Departments across the country against employees exercising Constitutional Rights. We are not standing by idly. Fields of Green for ALL is in contact with COSATU.

Additionally, we are working towards raising the profile of this issue through their seat at the National Cannabis Master Plan Steering Committee table.

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find the full article with the continuation on the days proceedings where it first appeared on

https://fieldsofgreenforall.org.za/la bour-court-of-appeal-1-november-2023-supporting-burny-enever/

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AFRICA'S FORGOTTEN CRADLE OF PSYCHOACTIVE PLANTS - GLOBAL PSYCHOACTIVE PLANT USE RESEARCH

Many African psychoactive plant medicines have an action or activity on the nervous system: that is to stimulate, sedate, improve memory, facilitate divination, cause visions or induce dreaming. Jean-Francois Sobiecki studied 300 plant species.

Psychoactive plant use research has been gaining momentum over the last century around the world, particularly in the Americas. Plants such as <u>Ayahuasca</u>, <u>San Pedro</u> and <u>Peyote</u> have rapidly become popular tools for spiritual growth and self-development in the West.

But what of the use of psychedelic plants occurring elsewhere around the world? Is their use significant in other societies other than in the Americas? Are psychedelic plants a global phenomena? The classic literature on the subject such as Plants of the Gods by Schultes and Hoffman, states that Africa is poor in psychoactive plants.

Having been born and raised in South Africa, this did not make sense to me as there are such rich cultural traditions and botanical diversity in the region. Reasons given to explain this supposed disparity between the Old and New world use of psychoactive plants were that the hunter gatherer societies of the New World Americas revered and significantly utilized psychoactive psychedelic plants as part of their vision quests and other spiritual practices, whereas it was said that Asiatic and African societies "for the most part changed from hunter gathering to pastoralism and agriculture leading to loss of a deep appreciation of psychoactive plants and their sacred use" with their use becoming forgotten with time. Was this true, I asked myself?

AFRICAN FIELDWORK RESEARCH ON PSYCHOACTIVE PSYCHEDELIC PLANTS

my B.Sc While doing Anthropology at Wits University in Johannesburg, South Africa in 1999, I became increasingly curious whether as to the traditional healers in South Africa were also using plants like Ayahuasca in their healing practices.

This set me off to do my own fieldwork to answer the question: Are African traditional healers using visionary entheogenic plants in order to assist their spiritual healing practices?

I began my journey by visiting the local traditional healers who lived in the nearby black "locations" (black African neighborhoods created through the Group Areas Act of the Apartheid regime, to enforce racial segregation). Here, I soon heard of a plant called the San poison bulb or Boophone disticha being used to see what is called imibono or visions in Zulu. A carefully metered out dose of the boiled bulb is given to patients to drink for them to see the 'television' or the mirror.

This plant is however toxic, so toxic that it should NEVER be experimented with, without the guidance of a traditional healer, because of its narrow lethal toxicity margin range between being a visionary medicine and a This fatal poison. plant is administered by specialist traditional healers who know how to work with the plant after many years of training and experience. "How many more plants were there that had similar uses?" I thought excitedly.

At the same time, I conducted an extensive literature review, that took me to visiting the University of the Witwatersrand where I reviewed old dust covered African ethnographies in the William Cullen library basement from the 1930's. I found, throughout the ethnobotanical and anthropological literature, forgotten with time, mentions of African magical plants used by initiates to "cross the river" of consciousness.

While reviewing this literature, I picked out any mentions of plant medicines that had an action or activity on the nervous system: that is to stimulate, sedate, improve memory, facilitate divination, cause visions or induce dreaming. I spent months doing this work that was an amazing adventure. I felt like a kid in alchemical candy store.

This long study finally resulted in the publication of my new book: African Psychoactive Plants. Journeys in Phytoalchemy available on Amazon, which documents over 300 species of plants being used for psychoactive purposes in African traditional medicine: the first comprehensive inventory of psychoactive plants from the continent. This includes plants with sedative, stimulant, memory enhancing and visionary entheogenic uses amongst others, for treating various conditions such Alzheimer's, dementia, as; insomnia, epilepsy, stress, anxiety and depression.

Some of the African psychoactive plants include:

•<u>Brachylaena elliptica</u> (selathi) (Zulu)]. The Zulu use the roots to treat hysteria in South Africa.

•<u>Cussonia paniculata</u> [umsenge (Zulu)]. The Sotho use the leaf for treating early nervous and mental diseases in South Africa. Used across South Africa to treat mental disorders.

·Helichrysum decorum [imphepho (Zulu)]. Smoke from burning plants is inhaled by the Zulu diviners (izangoma) to induce a state of deep relaxation used when divining.

•<u>Hypoxis hemerocallidea</u> [inkomfe (Zulu)]. Corm infusions are used to treat insanity in South Africa.

•<u>Turraea</u> floribunda [wild honeysuckle tree, umadlozana (Zulu)]. Roots are used by diviners to enter the "neurotic" state needed for divining dances.

Lannea schweinfurthii [mulivhadza (Venda)]. The hairy roots are used as a sedative snuff by the Venda people. Further study on potential toxicity is required.



AFRICA'S FORGOTTEN CRADLE OF PSYCHOACTIVE PLANTS - GLOBAL PSYCHOACTIVE PLANT USE RESEARCH

Continued from page 12

MAGICAL AFRICAN PLANT MEDICINES

One of the most inspiring papers I found that really made an impression on me was the accounts of a priest named Father Laydevant and his 1932 paper titled Religious or sacred plants of Basutoland.

In this classic paper, Laydevant explored the internal use of plants in the initiation of Sotho diviners, many of which he indicates as having possible psychoactive effects.

described Laydevant various plants that were used in special 'horn medicines'- medicines that are kept in animal horns worn on the person, that he suggested were psychoactive. Some of the species mentioned and identified, recognized as having psychoactive in South American uses shamanistic traditions that included for instance, from (2008): "Cyperus Sobiecki fastigiatus, mothoto (Sotho) is used as a whole plant ingredient of a special horn-medicine used in the Sotho diviners initiation ceremonies, while Cyperus species are used in South America as hallucinogens by the Indians, and as admixtures in other hallucinogenic brews, by the Yagua Indians of the Peruvian Amazon. Cyperus species are known to be used in love charm medicines in the Amazon and exert their effects most likely through the indole alkaloids they contain." Another interesting mention by Laydevant is that of Myosotis afropalustris [sethuthu (Sotho), lephukhuphukhu (Zulu)] (one of the forget-me-not's). It is used by the Sotho for treating hysteria and in the training of indigenous healers to develop their memory (Watt & Brever-Brandwijk 1962). With ingestion, this plant has been reported as producing a mildly stimulating ASC that Sotho diviners use to divine with. It appears that Myosotis has a significant use in Lesotho for opening up the diviner in a way that MDMA does- what is called an entactogen.



USING PSYCHOACTIVE PLANTS FOR SELF GROWTH AND DEVELOPMENT

While doing this research, I found how very similar categories of psychoactive initiation plants (and even sometimes the same species) were being used sequentially by both Southern **African** the traditional healers and those of the South American curandero shamans, to the point that there may well be a cross cultural technology of using psychoactive and psychedelic plants in order to bring about self-growth transformation.

These medicine categories include:

I) Cleansing

II) Psyche-intuition opening III) Strengthening, and lastly

IV) Protection

In the Southern African case, medicines are used to disrupt old patterns of behavior (ubulawu), after which medicines for relaxing and grounding the insights were given (red tree medicine decoctions) to give a chance for the student to anchor the new insights, and to grow and learn. Exploring these categories can indicate important themes in the integration process of using psychedelic medicines. Much can be learnt from traditional African healers about psychedelic integration that requires further enquiry and fieldwork.

Africa can no longer be seen as to be devoid of visionary plants — quite the opposite in that rich traditions of psychoactive plant use have existed here for a long time and requires further study and documentation before they are truly lost with the failure to pass on orally transmitted knowledge from the older generations to the younger generations which is fast becoming frayed and fragmented with time.



This article first appeared on https://psychedelicspotlight.com/af ricas-forgotten-cradle-of-psychoactive-plants-global-psychoactive-plant-use-research/





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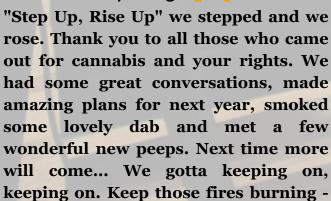
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18



Claire C - Elevated Adventures Reporting

grow.



Thank you to B-Earthy CBD Health & Wellness for being accommodating hosts, we were spoilt, those Gorilla Juice THC shots were super yummy.

today it may be small but a fed fire, will

And then to our Kelly Wiltshire McQue from Visual Eyes, these pics are brilliant "





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